

INFORMATION BULLETIN #1

2019 LEN JUNIOR DIVING & SWIMMING CHAMPIONSHIPS

“Aquatics Palace”, Kazan, Russia

Version 1 (March'26 2019)



Russian Swimming Federation and Russia's Diving Federation have the honor and pleasure to invite you to the 2019 LEN Junior DIVING & SWIMMING Championships, to be held in Kazan, Russia.

The following information has been designed to assist your National Federation in its attendance to this event.

KEY DATES (DIVING)	KEY DATES (SWIMMING)
Preliminary entries (TBC)	Preliminary entries (TBC)
14 June – Final entries by name	23 June – Final entries by name
21 June – Arrival day	30 June – Arrival day
21–23 June – Training days	30 June–2 July – Training days
24–30 June – Competition days	3–7 July – Competition days
1 July – Departure day	8 July – Departure day

CONTACT DETAILS OF THE ORGANISING COMMITTEE

Host Federations:

Russian Swimming Federation

8, Luzhnetskaya nab., Office 434, Moscow, Russia, 119991

Email: swimming@russwimming.ru

Phone number: +7 495 637 01 67

Russia's Diving Federation

8, Luzhnetskaya nab., Moscow, Russia, 119991

E-mail: diving-roc@mail.ru

Phone number: +7 495 725 47 18

Local Organising Committee:

ANO "Directorate for Sports and Social Projects"

Website: <https://en.dspkazan.com/>

Main International Centre, 35, Universiade Village, Kazan, Russia, 420010

Phone number: +7 843 222 0700

DIVING LOC: len_ejc2019@dspkazan.com Coordinator - Alina Biktimirova

SWIMMING LOC: len_ejc2019@dspkazan.com Coordinator – Nail Yanyshv



WELCOME TO KAZAN

Kazan is the capital of the Republic of Tatarstan. As one of the largest economic, scientific and cultural centres in the country, it is considered the “Third Capital” of Russia.



It is located in the European part of Russia, 820 km east of Moscow, on the left bank of the Volga River, at the confluence of the Kazanka River with the Volga. 1.2 million people representing more than 100 nationalities live in Kazan in harmony and an atmosphere of cultural, religious and linguistic diversity. In 2005, Kazan celebrated its 1,000th anniversary.

Kazan - cultural hub that has earned a reputation as an international sports capital of Russia. After staging the 27th Summer Universiade, Kazan has become a well recognized city on the international scene, and an attractive host for events at all levels.

In the summer of 2015, Kazan hosted one more major event – the 16th FINA World Championships. And in 2018 the city is among 11 Russian cities hosted FIFA World Cup matches.



Kazan is one of the most modern and youth cities in Russia. There are more than 40 higher education institutions with around 150,000 students in the city. The developed hotel network, UNESCO monuments, and a large number of restaurants and cafes make the city one of the most popular destinations for tourists from Russia and the whole world.

INFORMATION FOR PARTICIPANTS

Travel & Accommodation form

Please find attached to Bulletin (Appendix 1) two forms: Travel form (Arrival & Departure) and accommodation form. Completed forms to be sent to the LOC office by the following e-mail addresses:

Accommodation form: accommodation@dspkazan.com

Travel form: i.shakirov@dspkazan.com

Forms sending deadlines:

DIVING	SWIMMING
20 MAY 2019 - Preliminary accommodation booking form to OC and a 50% deposit of the Hotel reservation	30 MAY 2019 - Preliminary accommodation booking form to OC and a 50% deposit of the Hotel reservation
6 JUNE 2019 – Final booking form and final payment	15 JUNE 2019 – Final booking form and final payment
17 JUNE 2019 – Final Arrival & Departure form to OC	26 JUNE 2019 – Final Arrival & Departure form to OC

Age Groups:

DIVING

Category "A": 16 – 18 y.o. (born 2001/2002/2003)

Category "B": 14 – 15 y.o. (born 2004/2005)

SWIMMING

Women: 14 – 17 y.o.

Men: 15 – 18 y.o.

Competition & Training schedule (Diving)	Competition & Training schedule (Swimming)
Official training days (June'21-23) Morning session: 8:30 – 12:30 Evening session: 15:30 – 19:30	Official training days (June'30 – July'2) Morning session: 8:30 – 12:30 Evening session: 16:30 – 20:00
Warm-up sessions before competitions (June'24-30) Morning session 8:30 – 9:45 Evening session 15:00 – 16:45	Warm up sessions before competitions (July'3-7) Morning session 7:30 – 9:15 Evening session 16:00 – 17:45
Preliminaries (June'24-30)	Heats (July'3-7) 9:30 – 13:00
Finals (June'24-30) 17:00 – 20:00	Finals & Semi-Finals (July'3-7) 18:00 – 20:00

DIVING COMPETITION SCHEDULE

	Morning session. Start - 10.00			Evening session. Start - 17.00			
24th June	Technical Meeting	Judges Meeting & Judges Clinic		Opening Ceremony	JUMP EVENT FINAL		Award Ceremony
25th June	B 1m Boys Preliminary	20' interval	B 3m Girls Preliminary	B 1m Boys Final	B 3m Girls Final	A/B Girls Sy 3 Final	Award Ceremonies
26th June	A Plat Girls Preliminary	20' interval	A 1m Boys Preliminary	A Plat Girls Final	A 1m Boys Final	A/B Girls SyPt Final	Award Ceremonies
27th June	B Plat Boys Preliminary	20' interval	B 1m Girls Preliminary	B Plat Boys Final	B 1m Girls Final	A/B Boys Sy Pt Final	Award Ceremonies
28th June	A 1m Girls Preliminary	20' interval	A 3m Boys Preliminary	A 1m Girls Final	A 3m Boys Final	Award Ceremonies	
29th June	B 3m Boys Preliminary	20' interval	B Plat Girls Preliminary	B 3m Boys Final	B Plat Girls Final	A/B Boys Sy 3 Final	Award Ceremonies
30th July	A 3m Girls Preliminary	20' interval	A Plat Boys Preliminary	A 3m Girls Final	A Plat Boys Final	Award Ceremonies	

SWIMMING COMPETITION SCHEDULE

Day 1 3 July 2019	Day 2 4 July 2019	Day 3 5 July 2019	Day 4 6 July 2019	Day 5 7 July 2019
Heats	Heats	Heats	Heats	Heats
400 m Freestyle W	100 m Freestyle W	50 m Freestyle M	50 m Butterfly W	400 m Ind. Medley W
400 m Freestyle M	200 m Freestyle M	100 m Breaststroke W	50 m Butterfly M	400 m Ind. Medley M
100 m Butterfly W	50 m Backstroke M	200 m Backstroke W	50 m Freestyle W	4x100m Medley M
100 m Butterfly M	50 m Backstroke W	100 m Backstroke M	100 m Freestyle M	4x100m Medley W
50 m Breaststroke W	200 m Ind. Medley M	200 m Butterfly W	200 m Freestyle W	
50 m Breaststroke M	200 m Breaststroke M	4x200m Freestyle M	100 m Breaststroke M	
100 m Backstroke W	4x100m Freestyle Mixed	4x200m Freestyle W	200 m Ind. Medley W	
200 m Backstroke M	1500 m Freestyle M	1500m Freestyle W	200 m Butterfly M	
200 m Breaststroke W			4x100m Medley Mixed	
4x100 m Freestyle M			800m Freestyle M	
4x100 m Freestyle W				
800 m Freestyle W				
Semi & Finals	Semi & Finals	Semi & Finals	Semi & Finals	Semi & Finals
50 m Breaststroke W SF	100 m Backstroke W	50 m Backstroke W	50 m Butterfly W SF	400 m Ind. Medley W
50 m Breaststroke M SF	100 m Butterfly M	50 m Freestyle M SF	50 m Butterfly M SF	50 m Butterfly M
100 m Butterfly M SF	100 m Freestyle W SF	100 m Breaststroke W SF	50 m Freestyle W SF	50 m Butterfly W
100 m Butterfly W SF	50 m Backstroke M SF	200 m Breaststroke M	100 m Freestyle M SF	400m Ind. Medley M
100 m Backstroke W SF	200 m Freestyle M SF	100 m Freestyle W	200 m Ind. Medley W SF	200m Freestyle W
200 m Backstroke M SF	50 m Backstroke W SF	200 m Freestyle M	100 m Backstroke M	100m Breaststroke M
200 m Breaststroke W SF	200 m Backstroke M	200 m Backstroke W SF	100 m Breaststroke W	200m Ind. Medley W
400 m Freestyle W	200 m Breaststroke W	100 m Backstroke M SF	200 m Butterfly M SF	100 m Freestyle M
400m Freestyle M	200 m Breaststroke M SF	200 m Butterfly W SF	200 m Freestyle W SF	50 m Freestyle W
4x100m Freestyle W	100 m Butterfly W	1500m Freestyle M	100 m Breaststroke M SF	200m Butterfly M
4x100m Freestyle M	200 m Ind. Medley M SF	50 m Backstroke M	200 m Backstroke W	800m Freestyle M
	50 m Breaststroke W	200 m Ind. Medley M	200 m Butterfly W	4x100m Medley W
	50 m Breaststroke M	4x200m Freestyle W	50 m Freestyle M	4x100m Medley M
	800m Freestyle W	4x200m Freestyle M	1500m Freestyle W	
	4x100m Freestyle Mixed		4x100m Medley Mixed	

Visa support

All participants of LEN Junior DIVING & SWIMMING Championships 2019 should have a valid Russian visa for their entry and stay in the country.

The Organising Committee will facilitate an entry visa to Kazan, Russia, by providing the official Invitation Letter for all participants of the Championships.

Organising Committee issues the Letter of Invitation upon the request from the National Federations, sent to the official e-mail address: visa.support@dspkazan.com by the deadline:

DIVING: May'30, 2019.

SWIMMING: June'10, 2019.

Request for the Invitation Letter must contain participant's scanned copy of a valid passport (the passport expiry date must be no earlier than December 5, 2019 (DIVING) and December 12, 2019 (SWIMMING)) and personal data as specified in the Visa Application Form.

On the basis of the information received, the Organising Committee will issue the Invitation Letter, which will be sent to the participant and to the National Federation by e-mail.

Upon receiving the Invitation Letter, the participant is to collect all the documents in accordance with the requirements of the Embassy/Consulate of the Russian Federation and submit the documents, together with the Invitation issued by the Organising Committee, to the Embassy/Consulate of the Russian Federation, no earlier than one month prior to the event.

Athlete medical services & Doping control

Medical services will be available during the stay of the teams in our city, it will be available at training and competition facilities. Mobile medical teams and an ambulance team will be located at the competition venue near competition zone. If the patient is in need of inpatient care, he is taken to the city clinic of Kazan on duty (5 minutes far from competition venue). During training and competitions lifeguard brigades will be constantly on duty.

Any Athlete may be tested at any day. Doping control will be conducted according to the World Anti-doping code.

Local Transportation

Transportation between Kazan International Airport/railway terminals and the official hotels, also between the official hotels and the venue will be provided by the Local Organising Committee.

How to get to Kazan

Via Moscow transit airports

There are 18 daily departures of Moscow to Kazan flights from one of the three major Moscow airports (Vnukovo International Airport, Sheremetyevo International Airport and Domodedovo International Airport).

On average, the Kazan to Moscow flight time is around 1 hour 45 minutes.

In case the participants travel via Moscow transit airports the Organising Committee recommends that they ensure sufficient time between the flights (no less than 3 hours) while purchasing and booking the tickets. This time is required to go through passport and customs control procedures, baggage claim and check in for the domestic flight (Moscow → Kazan).

International flights

There are several direct international flights from main European hubs to Kazan Int. Airport:

- Frankfurt - Two flights a week (Monday, Friday)
- Istanbul - Daily flights
- Helsinki - Three flights a week (Monday, Wednesday, Friday)
- Prague - Two flights a week (Wednesday, Saturday)
- Riga - Two flights a week (Monday, Thursday)

Arrival to Kazan Int. Airport

Note! In case the participants fail to provide information on their arrival and departure in due time, the Organising Committee will not guarantee proper arrival and departure services at the arrival and departure points.

From JUNE 21 to JULY 9, 2019, the Organising Committee staff will be available at Kazan International Airport 24 hours a day and will offer meet and greet services (assistance in passing through passport control and customs procedures, claiming luggage, information desk, transfers to the accommodation places). Welcoming signs will meet the participants at the luggage claim zone.

Note! If the luggage is lost or damaged, participants need to consult the Organising Committee staff. The incident needs to be reported to the Lost and Found Office and special luggage searching forms are to be filled in. The Organising Committee staff will provide assistance in filling in all the necessary forms.

Departure from Kazan Int. Airport

The Organising Committee Information boards will be located at the official places of accommodation. Information boards will contain departure schedule, which specifies departure date and time from the accommodation place, type of vehicle.

Note! In case of any changes in the departure time participants must provide the relevant information to the Organising Committee staff through attaché volunteer 24 hours prior to the departure.

ACCOMMODATION



1. RELITA HOTEL 4*

DIVING & SWIMMING

Address: 85 Dekabristov Str., Kazan, Republic of Tatarstan, 420034

Phone: 8 (843) 516-9-000

150 rooms (60 single, 90 twin)

Discription

Location

The hotel is located on the other bank of the Kazanka, 800 metres from Kozya Sloboda metro station and Kazan Power Engineering University. It is 10-15 minutes' car drive to the central part of the city and the well-known Kazan white Kremlin.

8 Minutes to the "Aquatics palace"

Photo



Overall description

All rooms are connected to IP television and Wi-Fi. Each room is equipped with an air conditioner, phone, TV, mini-bar and slippers. The bathroom with a shower unit has a comfortable mirror, a hairdryer and toilet articles.

Guests can take advantage of 2 conference halls, a large restaurant that serves national dishes, and an in-hotel fitness centre with swimming pool.



Room

Room Rate, Full Board

Single

125,00 €

Twin

145,00 €





2. NOGAI HOTEL 3*

DIVING & SWIMMING

Address: 16 Profsojuznaja Str., Kazan, Republic of Tatarstan, 420140

Phone: 8 (843) 294-70-78

165 rooms (69 single, 96 twin)

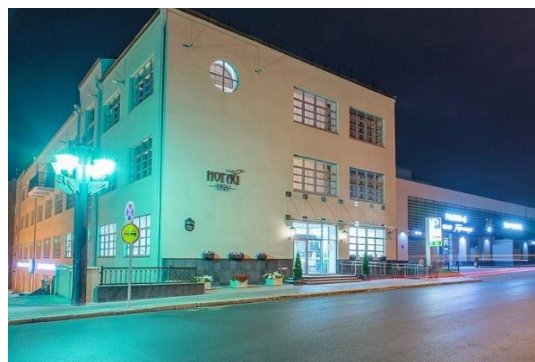
Description

Location

The Nogai hotel complex is located in the centre of Kazan, on the main pedestrian Bauman Street, not far from the Kazan Kremlin.

18 Minutes to the "Aquatics palace"

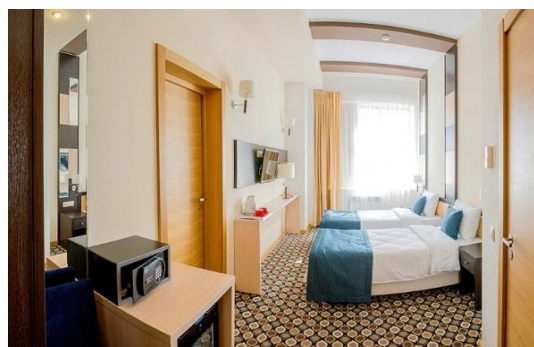
Photo



General information

The modern rooms are equipped with an air conditioning system, interactive digital television, telephone communication, wireless Internet access, safe, mini-bar, shower unit or bath, and energy-saving electrical equipment.

There is a classical restaurant, Nogai, on the premises, offering a wide range of European and national dishes, a beer restaurant with its own brewery, and a coffee bar. There is gym with cardio and weight machines, as well as its own spa centre.



Room	Room Rate, FULL BOARD
Single	115,00 €
Twin	135,00 €



3. GRAND HOTEL KAZAN 4*

DIVING & SWIMMING

Address: 1 Peterburgskaya Str., Kazan, Republic of Tatarstan, 420107

Phone: 8 (843) 221 10 00

215 rooms (139 single, 76 twin)

Discription

Location

The hotel is located in the city centre. You can get to the airport in about half an hour (26 km).

20 Minutes to the "Aquatics palace"

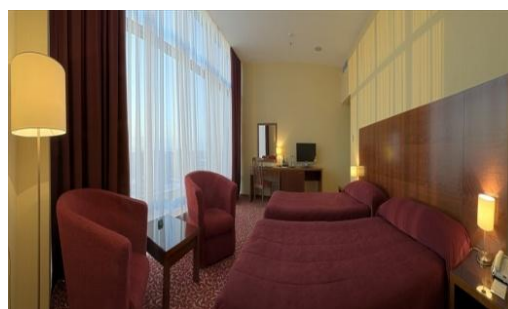
Photo



Overall description

There are fitness facilities for visitors here, as well as several restaurants and bars. The spacious rooms of the hotel contain comfortable furniture, air conditioning, a mini-bar, a TV, a work area and en-suite bathroom.

There are bar and restaurants for hotel guests, and free Wi-Fi is available everywhere. Guests can visit the gym in the Grand-Fitness facility.



Room	Room Rate, FULL BOARD
Single	125,00 €
Twin	145,00 €
Superior Single	145,00 €

4. BILYAR HOTEL 4*

SWIMMING



Address: 61 Ostrovskogo Str., Kazan, Republic of Tatarstan,

Phone: 8 (843) 567-2000

124 rooms (33 single, 91 twin)

Discription

Location

Bilyar Palace Hotel is located in the city centre, near Kazan Millennium Park (Park Tysyacheletiya), 2 km away from the Kazan Kremlin.

20 Minutes to the "Aquatics palace"

Photo



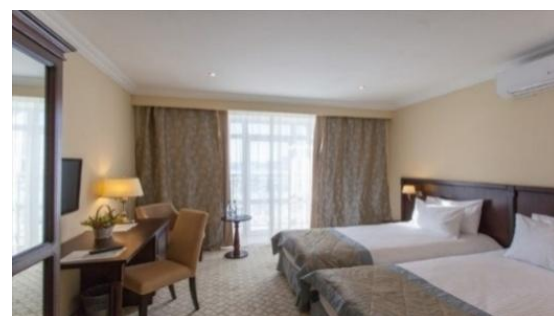
Overall description

Internet access is provided throughout the hotel. Also, there is a beauty salon, Huseyin Kanat, in the hotel. One of the hotel's special features is availability of a prayer room, where Muslim guests may perform the necessary rites.

All rooms are equipped with a regulated air conditioner, heating system, wireless Internet and a mini-bar. There is a shower unit in the bathroom, a hairdryer, a mirror and toiletries.

Guests are sure to love the Tatar, European and Russian dishes cooked in the hotel restaurant.

The hotel has a fitness centre with a gym, a sweat room and hot tub.



Room	Room Rate, FULL BOARD
Single	125,00 €
Twin	145,00 €

5. SHALYAPIN HOTEL 4*

SWIMMING



Address: 7 University Str., Kazan, Republic of Tatarstan, 420111

Phone: 8 (843) 231-10-00

122 rooms (100 single, 22 twin)

Discription

Location

The hotel is located in the very centre of the city, at the crossing of Universitetskaya street and the pedestrian Baumana street. The Kazan Kremlin is about a 15-minute walk from there.

20 Minutes to the "Aquatics palace"

Photo



Overall description

Shalyapin Palace Hotel is located in a renovated architectural monument of the last century, in the historical and cultural centre of the city. Guests are offered a wide variety of comfortable rooms and lots of additional services. All hotel rooms offer comfortable furniture, an air conditioner, mini-bar, TV, work area and en-suite bathroom.

The Capella restaurant stays open until 11.00 p.m. every day. Guests are offered a wide selection of European dishes and extra suggestions from the Russian and Tatar menu. The fitness centre is open from 7 am to 11 pm. You will find a fully-equipped gym on the second floor of the centre and a twenty-metre pool on the first.



Room	Room Rate, FULL BOARD
Single	125,00 €
Twin	145,00 €
Superior Single	160,00 €

LEN OFFICIALS (DIVING & SWIMMING)
6. COURTYARD BY MARRIOTT KAZAN KREMLIN 4*
Address: 6 Karl Marx Str., Kazan, Republic of Tatarstan 420111

Phone: 8 (843) 210-01-50

Discription
Location

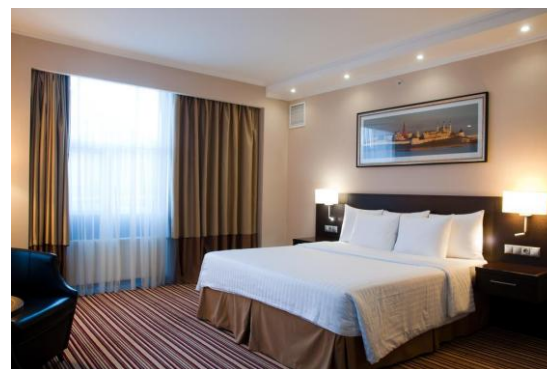
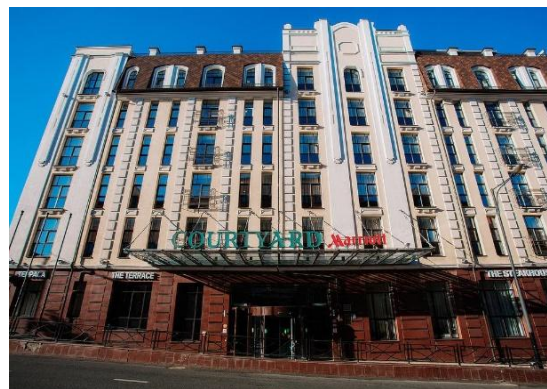
The hotel is located in the city centre. It lies 100 m from Kremlyovskaysa Metro Station and Kazan Kremlin. The popular Bauman Pedestrian Street and Petropavlovsky Cathedral are just 500 m from the Courtyard by Marriott Kazan Kremlin. Kazan Airport is a 30-minute drive from the hotel.

18 Minutes to the "Aquatics palace"
Overall description

Modern rooms with flat-screen TVs, a restaurant and a free fitness studio are offered at Courtyard by Marriott Kazan Kremlin/

Guests can enjoy breakfast buffet and international cuisine at the on-site restaurant or have a cocktail at the roof terrace with panoramic city views.

The hotel's air-conditioned rooms feature tea and coffee facilities, a work desk and a small refrigerator. Ironing facilities are provided. Free Wi-Fi is available in all areas.

Photo


Room	Room Rate, FULL BOARD
Single	125,00 €
Twin	145,00 €

Cancellation Policy (DIVING):

On cancellation until 20th May - no penalties are charged;

On cancellation after 20th May - the amount of 100% from total accommodation nights for each cancelled room is charged.

Payments Policy:

Invoice number	Payment percentage	Payments due to be received by:
Invoice 1	50%	20.05.2019
Invoice 2	50%	06.06.2019

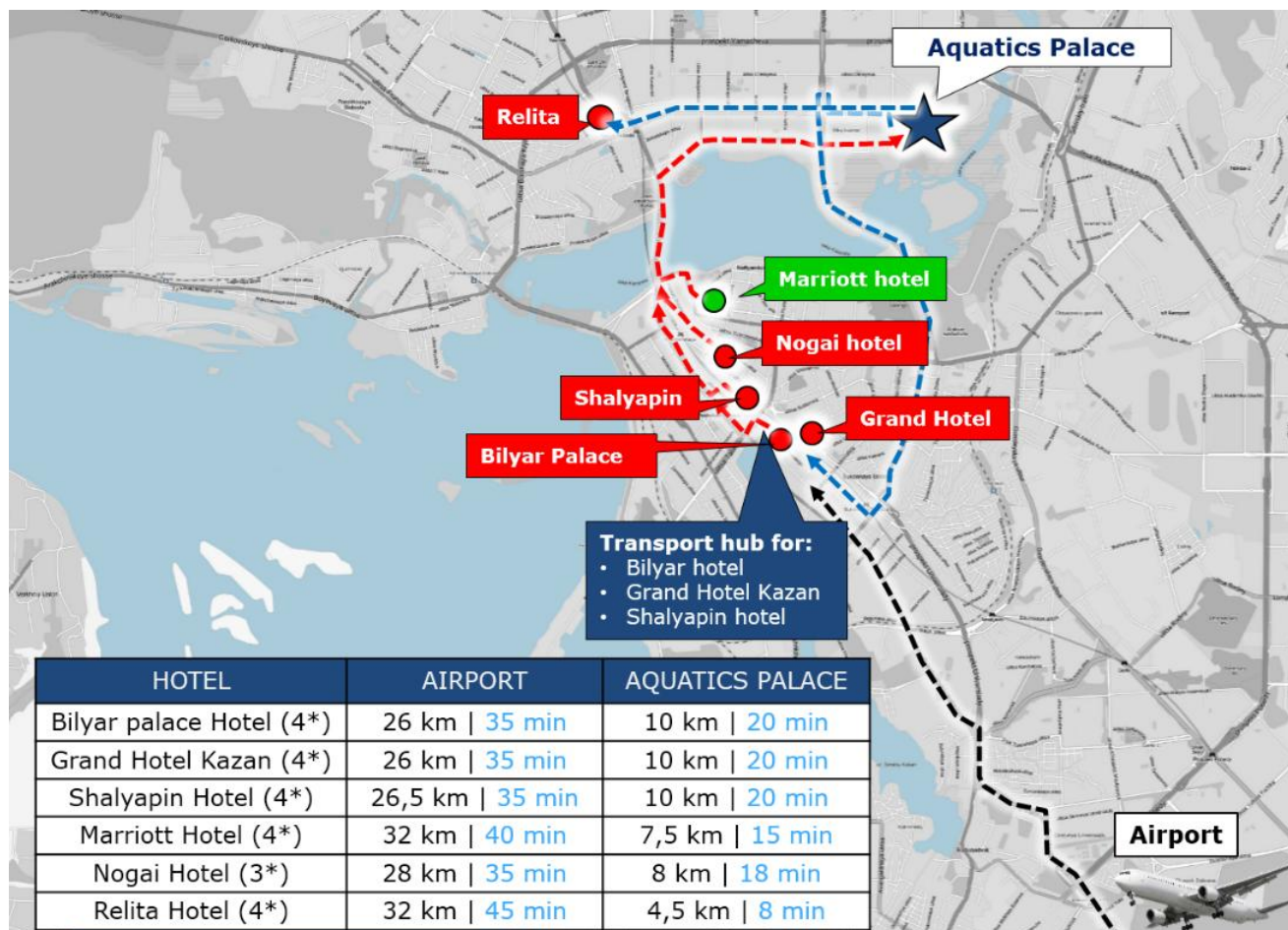
Cancellation Policy (SWIMMING):

On cancellation until 30th May - no penalties are charged;

On cancellation after 30th May - the amount of 100% from total accommodation nights for each cancelled room is charged.

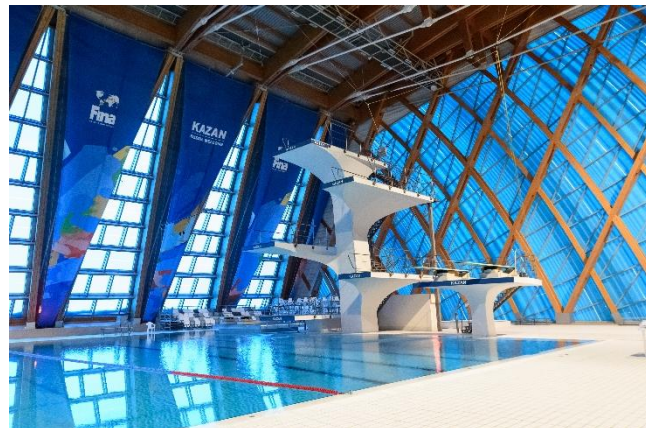
Payments Policy:

Invoice number	Payment percentage	Payments due to be received by:
Invoice 1	50%	30.05.2019
Invoice 2	50%	15.06.2019



VENUE

Aquatics Palace 70 S.Khakima str., Kazan,Russia



Venue information

The events will be held at the “Aquatics Palace”. The Aquatics Palace is located on the bank of the Kazanka River. It is one of the largest indoor venues worldwide for aquatic sports championships. Venue consists of Diving pool, Swimming Competition pool and Warm-up pool.

The use of movable floor and bulkheads allows to adjust the size and depth of the main pool, as well as the depth of the pool for Diving. Athletes' preparation area (locker rooms, dry land hall), as well as competition management offices, LEN offices and Doping control area are located on the 1st floor. Press centre with conference hall and VIP zone are located on the 3rd floor.

Technical specifications

Commissioning	March, 2013	
Total Capacity	4 029	
Pool dimensions	DIVING Diving pool 33,33x25 m, depth 0-5,5 m, movable floor	SWIMMING Competition pool 50x25m (10 lanes) Warm-Up Pool 50x25m (10 lanes)

Facilities

Venue floor Plan will be published on the next editions of Bulletin

APPENDIX 1. TRAVEL & ACCOMMODATION FORMS TO BE COMPLETED BY NFs

1. CONTACT DETAILS							
#	SURNAME	NAME	COUNRTY	EVENT (DV or SW)	STATUS	TEL.	E-MAIL
	IVANOV	IVAN	RUSSIA	Diving	Coach	+0000000	000@123.ru

2. ARRIVAL TO KAZAN							
DEADLINE							
#	SURNAME	NAME	AIR/TRAIN	DATE	TIME	FLIGHT/TRAIN # (From which airport)	RAILWAY CARRIAGE #
1	PETROV	PETR	AIR	1 July 2019	00:15	SU 1193 (SVO)	-
2							
3							

3. DEPARTURE FROM KAZAN							
DEADLINE							
#	SURNAME	NAME	AIR/TRAIN	DATE	TIME	FLIGHT/TRAIN #	RAILWAY CARRIAGE #
1	PETROV	PETR	AIR	8 July 2019	17:30	TK 2211 (IST)	-
2							
3							

4. ACCOMMODATION DETAILS						
DEADLINE						
CHECK-IN 14:00 / CHECK-OUT 12:00						
#	SURNAME	NAME	HOTEL	SINGLE / TWIN	CHECK-IN DATE (14:00)	CHECK-OUT DATE (12:00)
1	PETROV	PETR	BILYAR	TWIN	1 July 2019	8 July 2019
2	IVANOV	IVAN	BILYAR	SINGLE	1 July 2019	8 July 2019