



# 4 Countries Competition 2018 AUT, CRO, CZE, HUN

# **Competition Program**

Organization Landesschwimmverband Wien – Regional Swimming and Diving Federation of Vienna

Competition Director Nikolas Sachs n.sachs@wlsv.at +436603752472

Date and Place 01-02.12.2018 – Vienna - Stadthallenbad - Hütteldorfer Str. 2H, 1150 Wien Deadline for dive lists November 23<sup>rd</sup> 2018 – To be submitted by each nation on Diverecorder!

Deadline for entry names November 19<sup>th</sup> 2018

Technical Meeting Friday November 30<sup>th</sup> – 19:30 at the pool

### **Disciplines**

Youth C - 1m and 3m	2007 - 2008	For youth C and D there must only be two girls and two boys
Youth D - 1m and 3m	2005 - 2006	each. Both divers need to compete in 1m and 3m and there will be no out-of-competition divers.

#### **Competition Timeline**

Saturday December 1 <sup>st</sup> 2018		Sunday December 2 <sup>nd</sup> 2018		
08:00 - 09:00	Water training possibility	08:00 - 09:00	Training	
09:10 - 09:20	Opening Ceremony	09:05	Beginning of competition	
1	3m boys D	1	1m boys D	
2	3m girls D	2	1m girls D	
3	1m boys C	3	3m boys C	
4	1m girls C	4	3m girls C	

#### **Water Training Possibilities**

Friday 16:00 – 20:00, Saturday 08:00 – 09:00; ~17:00-19:00, Sunday 08:00 – 09:00

## **Diving Program**

Girls C	1m and 3m	7 dives (5+2) FINA rules		
Boys C	1m and 3m	8 dives (5+3) FINA rules		
Girls and boys D	1m and 3m	5 dives from 4 groups		
		1.,2.,3. Three dives to be selected from 101, 201, 301, 401		
		4.,5. two optional dives, other than previous dives and listed in the FINA DD table		

### **Team points**

Place	1	2	3	4	5	6	7	8
Points	9	7	6	5	4	3	2	1





Referee AUT

**Judges** All events will be held in one round with 5 judges. Every team must delegate at least one

judge to every event. Team AUT can always provide the additional 5<sup>th</sup> judge, but we can

rotate if desired → to be decided in Technical Meeting

Pool Entry Payment to enter the pool up to four times (Friday, 2x Saturday, 1x Sunday) will be

covered by Team AUT for 8 divers and 2 coaches per country

**Dryland possibilities** Pool opens Saturday and Sunday at 07:00 and dryland facility is available from then on.

Water diving possibility starts with training at 08:00 both days

Accomodation (all in walking distance)

1) A&O Hostel Wien Stadthalle (sufficient capacity available) Please book directly at <a href="mailto:groups@aohostels.com">groups@aohostels.com</a>

Single Room 76€/night; Dormitory Bed 32€/night

2) Other Options:

Do Step In – Hotel and Hostel (~55€/person)

Youth Hostel "Jugendherberge Wien – Myrthengasse" (~44€/person)

Westend City Hostel (~46€/person)

- The A&O hostel offers half board and full board if you wish to book that

"Lugner Kino": Offers several restaurant options including an all-you-can-eat

Chinese

- "Westbahnhof" (West train station): Large food court with a wide variety of

quick and cheap food

Looking forward to seeing you all in Vienna! Best regards, Nikolas

Nikolas Sachs

**Food** 

Regional Swimming and Diving federation of Vienna





