

Diving
Information
Bulletin

2015



Arena European Diving Championships

09 - 14 June 2015

The LEN President and LEN Family, the German Swimming Federation with the Organizing Committee welcome you to Rostock for the Arena European Diving Championships.



Rostock 2015

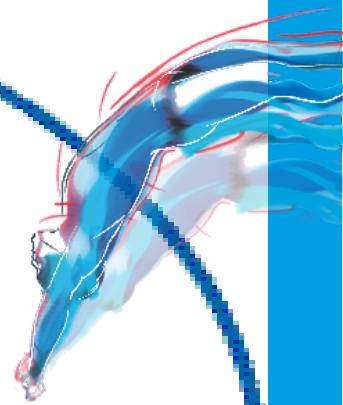


Restock 2015



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1. Important Addresses

1.1 Federation

Deutscher Schwimm-Verband e.V.
Korbacher Straße 93
D-34132 Kassel
Telefon +49 (0) 561/9 40 83-0
Telefax +49 (0) 561/9 40 83-15
info@dsv.de

1.2 Organizing Committee

Internationaler Springertag Rostock e.V.
Am Trotzenburger Weg 15
18057 Rostock
Telefax + 49 (0) 381/ 4975699
office@emrostock2015.com

1.3 Pool Address

Neptunschwimmhalle
Kopernikusstraße 17
18057 Rostock
Tel.: Org.-Büro: 0381/ 80830901
Fax.: Org.-Büro: 0381/ 80836911
office@emrostock2015.com

1.4 Official Website



WWW.EMROSTOCK2015.COM



Restock 2015

2. Competition Schedule

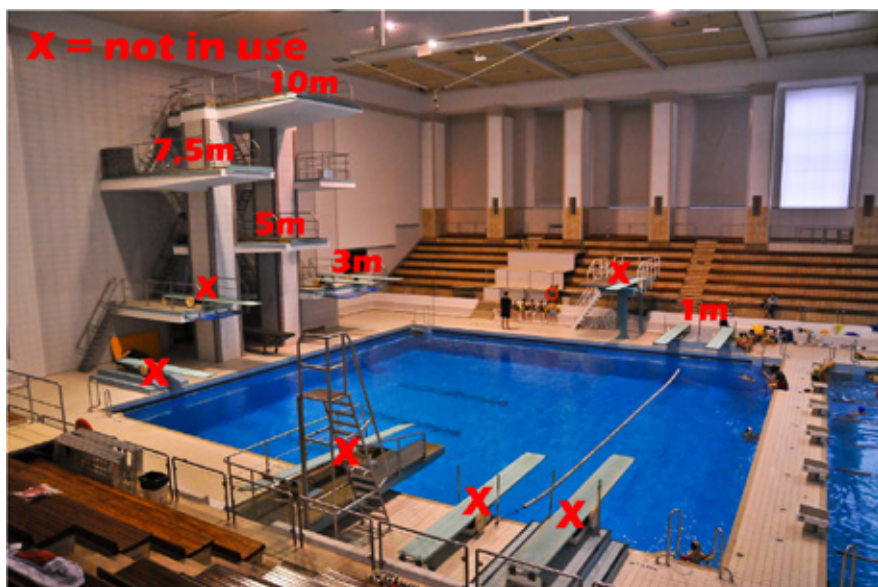
	10:00	12:00	16:30	17:30
Tuesday 09.06.2015	Team Leader's Meeting		Opening Ceremony	Team-Competition 3m / 10m
	11:30-13:30			
	Judge Clinic			
	10:00	13:00	15:30	17:30
Wednesday 10.06.2015	1m-Men Preliminary	10m-Women Preliminary	1m-Men Final	10m-Women Final
	10:00	13:00	15:30	17:30
Thursday 11.06.2015	3m-Men Preliminary	Syn 10m-Women Preliminary	3m-Men Final	Syn 10m-Women Final
	10:00	13:00	15:30	17:30
Friday 12.06.2015	1m-Women Preliminary	Syn 3m-Men Preliminary	1m-Women Final	Syn 3m-Men Final
	10:00	11:45	14:00	16:00
Saturday 13.06.2015	Syn 3m-Women Preliminary	10m-Men Preliminary	Syn 3m-Women Final	10m-Men Final
	10:00	11:30	14:00	16:00
Sunday 14.06.2015	Syn 10m-Men Preliminary	3m-Women Preliminary	Syn 10m-Men Final	3m-Women Final

Registration: 09.06.2015, 09.40 am, InterCityHotel

Note: If there are changes they will be announced during the Technical Meeting.

3. Facilities of the Pool

- 2x 1m springboards (duraflex B)
- 2x 3m springboards (duraflex B)
- Platforms 5m, 7,5m, 10m (3m wide)



- Gym with Trampolines, mats and somersault stations





4. Diving – Events

- **Individual Diving:**

- Springboard 1m
- Springboard 3m
- Platform 10m

- **Synchronised Diving:**

- Springboard 3m
- Platform 10m

- **Team Diving:**

- Springboard 3m and Platform 10m

5. Participation

- Individual Diving Events: two (2) divers per Federation and per event
- Synchronised Diving Events: One (1) team per Federation and per event
- Team Diving Events: One team per Federation with two (2) divers, one (1) male and one (1) female.

6. Competition Format for Individual Diving Events

Individual diving events on 1m, 3m and 10m will be held in two sessions with Preliminaries and Finals with twelve (12) divers.

The starting order of the divers in the Final will be according to the reverse order of their placing as determined by their total scores at the end of the Preliminaries. All divers start with zero (0) points.

The dives to be performed are:

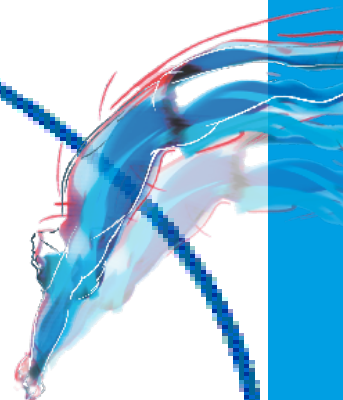
- a) Women's 1m, 3m and 10m events: five (5) dives from five (5) different groups without limit of Degree of Difficulty (DD).
- b) Men's 1m and 3m events: six (6) dives from five (5) different groups without limit of DD.
- c) Men's 10m event: six (6) dives from six (6) different groups without limit of DD.

7. Competition Format for Synchronised Diving Events

The synchronised diving events shall be held in two sessions with Preliminaries and Finals. In the finals up to twelve (12) teams will participate.

The starting order of the teams in the Final will be according to the reverse order of their placing as determined by their total scores at the end of the Preliminaries. All teams shall start with zero (0) points.

The dives to be performed in the Preliminaries and in the Final are according to the FINA rules (5 dives for women and 6 dives for men).



8. Competition Format for the Team Diving Event

The Team Diving involves two (2) competitors, one (1) male and one (1) female from the same Federation.

1. The competition shall comprise six (6) dives. Three (3) dives shall be executed from the 3m springboard, the other three (3) dives from the 10m platform. Three (3) dives shall be executed by the female diver, the other three (3) dives by the male diver.
2. Each diver must perform at least one (1) dive from the platform and one dive from the springboard.
3. The six (6) dives must be selected from six (6) different groups. Two (2) dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula - one executed by the female and one by the male diver - and four (4) dives without limit of degree of difficulty.
4. The two (2) dives with an assigned degree of difficulty of 2.0 must not be performed obligatory in the first round and can be executed both from the 3m springboard or both from the 10m platform or one from each height.
5. The diving order is drawn by teams, which will perform in three rounds succeeding each other and starting with any of the two performing divers.

9. Tie

In case of a tie all tied divers or teams proceed to the next round.

In case of a tie in the final, all tied divers or teams shall be ranked in the same place.



10. Championships Team Trophy

The Trophy shall be awarded to the Federation obtaining the highest number of points in both men's and women's events, according to the following system:

- a) In individual diving: 1st place: 13 points; 2nd place: 11 points; 3rd place: 10 points and so on until 12th place. 1 point
- b) In synchronized diving: 1st place: 26 points; 2nd place: 22 points; 3rd place: 20 points and so on until 12th place. 2 points.
- c) In the team event: 1st place: 26 points; 2nd place: 22 points; 3rd place: 20 points and so on until 12th place. 2 points; half of the points in the women's and men's classification each.

11. Olympic Qualification

It is confirmed by FINA that the individual winners of the Olympic events in this European Championships will obtain one quota for his/her NOC as continental champion for the Rio Olympics.

12. Delegates

LEN Bureau:

- Andrey Vlaskov Bureau Liaison

LEN-TDC:

- Georgia Fyrigou Consolo Chairman
- Anke Piper Vice-Chairman
- Klaus Dibiasi Secretary
- Frans v.d. Konijnenburg Member
- Arne Tellefsen Member

13. Entries

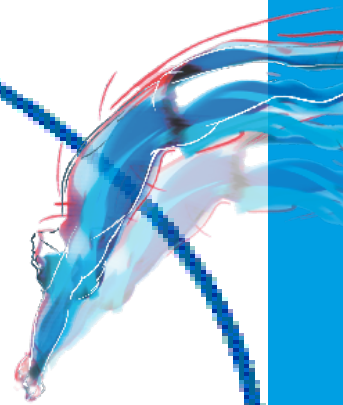
Citizens of countries needing an entry visa to Germany are requested to contact as soon as possible Peter Purps of the German Swimming Federation for an official invitation.

Contact: purps@dsv.de

In order to avoid problems of administrative nature when requesting a visa, please contact the German Embassies or Consular Authorities within your country in due time before your planned departure to Germany.

14. Term of application

- **Preliminary entry:** **23.04.2015**
- **Final entry:** **29.05.2015**



15. Accreditation

The accreditation will be concluded on site in Rostock.

Federations entering the Arena European Diving Championships will receive accreditation free of charge for:

- a) the President of the Federation;
- b) the Head of Delegation;
- c) the entered competitors;
- d) one medical person;
- e) team staff members:
 - 5 – for up to 5 competitors;
 - 6 – for up to 8 competitors;
 - 7 – for more than 8 competitors.

However the number of team staff members may not exceed the number of competitors. Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc. (not officials as judges, referees, etc.).

Please note that we need a portrait photo of every person within 29.05.2015.

Please send it via E-Mail to the Organizing Committee:

office@emrostock2015.com

File Format: jpg

File Name: country_first name_surname_position (e.g. GER_john_doe_diver)

In addition to the photo, please send the personal data sheet of every athlete via E-Mail.

Form: see attachment

Deadline: 29.05.2015

16. Officials

Judges are not allowed to act as coaches throughout the actual Championships.

The LEN TDC shall appoint the Technical Delegate, the Referee, the judges panel(s) and the other officials for each event.

Federations may nominate one (1) or two (2) judges qualified on the current A-List of LEN.

Federations entering three (3) divers or more are obliged to nominate at least one (1) judge qualified on the current A-List of LEN.

A Federation not providing a judge in the indicated category shall pay a fine of one thousand (1000) Euro to LEN.

A Federation that has a B judge with good evaluation but no A judge on the current LEN list might be allowed to enter the B judge provided an application is made and accepted; the application is to be sent to the LEN TDC Secretary before the entry deadline for judges.



Nominations shall be submitted to the LEN Office no later than the date circulated by the LEN Office.

Officials approved by the LEN TDC are on the costs of the nominating Federation.

The Organising Federation shall supply all other officials.

Acting judges may be evaluated.

Nominated judges should be available from the first to the last day of competition.

17. LEN Rules and Regulations

17.1 Event Rules

The event will be conducted under LEN rules. For detailed information please refer to the LEN Handbook 2014-2015. For the specific competition rules, see European Diving Championships.

17.2 Competition rules

The diving competition at the Arena European Diving Championships will be conducted in accordance with the LEN and FINA rules.

18. Insurance

Insurance of the participants is their Federation's responsibility.

19. Transport

Airport:

The Organizer will arrange transportation between the following airports and the official hotel. The transport will be done accordingly to your indication in the Travel Form.

Pick up will only be from these airports and organized according to the current landing times of the flights:

Berlin Tegel // Berlin Schönefeld // Rostock- Laage

The transportation back to the airports will be on Monday, 15.06.2015 or according to your indications in the Travel Form.

Transportation to the pool:

The hotel badge is valid for the use of bus, tram and city train in Rostock and also in Warnemünde. An additional bus-shuttle will be arranged for the whole event duration.

A complete schedule of transportation will be posted at the information desk in the hotel.



20. Accommodation and Information on payment

Accommodation:

InterCity Hotel
Herweghstrasse 51
D.18055 Rostock

Tel.: +49 381 49500
Fax: +49 381 495099

Booking:

The booking will be organized by the Organizing committee, so just send us the current formulars per E-Mail or Fax and please regard the deadlines

Preliminary Booking: 23.04.2015

Final Booking: 22.05.2015



Prices:

Euro 120€ per day and participant in a double room

Euro 140€ per day and participant in a single room

The price includes accommodation, transport, shuttle and catering.



Payment:

Europameisterschaften Rostock
Kontonummer: 201029090
BLZ: 13050000
Institut: Ostseesparkasse Rostock

IBAN: DE42 1305 0000 0201 0290 90
SWIFT-BIC: NOLADE21ROS



PLEASE respect the deadlines! Payment should be done 50% till 23.04.2015 and the rest till 22.05.2015.

21. Training Times

Pool open during preparation days:

05.06. - 08.06.2015

07:00- 21:00

Pool open during competition days:

09.06. - 14.06.2015

07:00- 20:30



22. Catering

Breakfast (in the hotel):

Daily: 06:00 till 10:00 am

In the hotel sparkling and still mineral water will be offered. All drinks of the minibar have to be paid by yourself.

Lunch and Supper (in the swimming pool):

During preparation days:

05.06. - 08.06.2015

Lunch	Supper
12:00 - 14:30	17:00 - 21:00

During competition days:

09.06. - 13.06.2015

Lunch	Supper
11:30 - 14:30	17:00 - 21:00

On Sunday, 14 June 2015, there will be a Closing Ceremony and the Supper this evening will be offered there instead of Supper in the Pool.

The food and drinking vouchers will be given to every team in the Organizing Office. Please notice that every voucher is valid for just one day.

23. Team Leaders Meeting and Judges Clinic

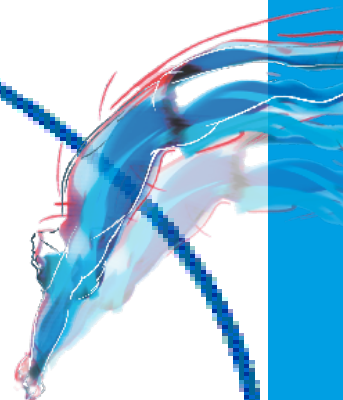
The Team Leaders Meeting with the draw will take place on Monday, 08.06.2015 at 10:00 am in the InterCityHotel followed by the Judges Meeting.

The Judges Clinic will take place following the Technical Meeting at 11:30 am in the InterCityHotel.

The title of the clinic is: Analysis of Olympic diving statistics (Orlando)
Certifications will be distributed at the end of the clinic.

24. Opening Ceremony

The Opening Ceremony will take place on Tuesday, 09 June 2015, at 16:30 with one diver per team.



25. Information for the Finals

For the presentation of the 12 finalists, the divers meet five (5) minutes before the final. At the Synchronised Competitions the whole teams take up for the presentation.

26. Victory Ceremony

Please note, that the Award Ceremonies for ranking 1-3 will be held directly after every competition. The athletes shall be ready immediately after the final!

Medals will be awarded to the competitors placed 1st, 2nd and 3rd in the individual, synchronized and team diving events.

Diplomas will be awarded to the competitors and teams placed in the final of each event.

The «European Diving Team Champion Title» shall be awarded to the best ranking Federation in the team classification (men and women together).



ARENA EUROPEAN DIVING CHAMPIONSHIPS
09 – 14 JUNE 2015, ROSTOCK – GERMANY

PRELIMINARY ENTRY FORM
(Return deadline APRIL 23rd)

THE FEDERATION OF: _____ code

WILL PARTICIPATE YES ☐ NO ☐

NUMBER OF MALE DIVERS :
NUMBER OF FEMALE DIVERS :
NUMBER OF TEAM MANAGERS/ OFFICIALS :
NUMBER OF JUDGES :

NUMBER OF COMPETITORS	TEAM EVENT		SPRINGBOARD						PLATFORM			
			1 m.		3 m.		3 m. sync.		10 m.		10 m. sync	
	M	F	M	F	M	F	M	F	M	F	M	F
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

ACCOMMODATION

Number of Single Rooms (1 person)

Number of Twin Rooms (2 persons)

ARRIVAL DATE: _____

DEPARTURE DATE: _____

DATE AND SIGNATURE: _____
President / Gen. Secretary

STAMP OF THE FEDERATION

PLEASE RETURN THIS FORM BACK TO:
Internationaler Springertag Rostock e.V.
Am Trotzenburger Weg 15 - D – 18057 Rostock
FAX +49 (0) 381/ 49756-99 OR EMAIL office@emrostock2015.com
WITH A COPY TO **LEN OFFICE** FAX +352 27 44 91 64 28 OR EMAIL lenoffice@len.eu

ARENA EUROPEAN DIVING CHAMPIONSHIPS
09 – 14 JUNE 2015, ROSTOCK – GERMANY

HOTEL RESERVATION - PRELIMINARY BOOKING

(Return deadline April 23rd)

THE FEDERATION OF: _____ code

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TEAM MANAGER: _____

Accommodation rate at Hotel: **“InterCityHotel Rostock”**
Herweghstraße 51, 18055 Rostock - Germany

Single room rate per day: EURO 140,00 (full board, tax included)

In double room per person/ day: EURO 120,00 (full board, tax included)

Please use a new reservation form for every new group:

			accommodation	
date and time of arrival	date and time of departure	number of nights	number of single rooms	number of twin rooms
			x 140,00 €	x 120,00 €
		TOTAL	€	€

Total amount Euro =	€
50% of total amount Euro =	€
Date of payment until April 23 rd 2015	

To bank: OstseeSparkasse Rostock
Account title: Europameisterschaften Rostock
Number of account: 201029090
BLZ: 130 500 00
Transfer reason: **“EUROPEAN DIVING CHAMPIONSHIPS - ROSTOCK”**
“Type here the name of your federation”
IBAN: DE42 1305 0000 0201 0290 90
SWIFT-BIC: NOLADE21ROS

DATE AND SIGNATURE: _____

President / Gen. Secretary

STAMP OF THE FEDERATION

PLEASE RETURN THIS FORM BACK TO:
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Am Trotzenburger Weg 15 - D – 18057 Rostock
FAX +49 (0) 381/ 49756 – 99 OR EMAIL office@emrostock2015.com



ARENA EUROPEAN DIVING CHAMPIONSHIPS

09 – 14 JUNE 2015, ROSTOCK – GERMANY

FINAL ENTRY FORM

(Return deadline Mai 30th)

THE FEDERATION OF: _____ code

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Team staff member				Position: Team Leaders, Coaches, Judges, Physio etc.
first name	surname	F	M	

Competitors				Birth Year	Team Event				Synchro	
first name	surname	F	M			1m	3m	10m	3m	10m

DATE AND SIGNATURE: _____

STAMP OF THE FEDERATION

PLEASE RETURN THIS FORM BACK TO:
Internationaler Springertag Rostock e.V.
Am Trotzenburger Weg 15 - D – 18057 Rostock
FAX +49 (0) 381/ 808 369-11 OR EMAIL office@emrostock2015.com
WITH A COPY TO **LEN OFFICE** FAX +352 27 44 91 64 28 OR EMAIL lenoffice@len.eu

ARENA EUROPEAN DIVING CHAMPIONSHIPS
09 – 14 JUNE 2015, ROSTOCK – GERMANY

HOTEL RESERVATION - FINAL BOOKING
(Return deadline May 22nd)

THE FEDERATION OF: _____ code

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TEAM MANAGER: _____

Accommodation rate at Hotel: **"InterCityHotel Rostock"**
Herweghstraße 51, 18055 Rostock - Germany

Single room rate per day: EURO 140,00 (full board, tax included)

In double room per person/ day: EURO 120,00 (full board, tax included)

Please use a new reservation form for every new group:

			accommodation	
date and time of arrival	date and time of departure	number of nights	number of single rooms	number of twin rooms
			x 140,00 €	x 120,00 €
TOTAL			€	€

Total amount Euro =	€
50% already paid Euro =	€
Balance to be paid =	€
Date of payment until May 22 nd 2015	

To bank: OstseeSparkasse Rostock
Account title: Europameisterschaften Rostock
Number of account: 201029090
BLZ: 130 500 00
Transfer reason: **"EUROPEAN DIVING CHAMPIONSHIPS - ROSTOCK"**
"Type here the name of your federation"
IBAN: DE42 1305 0000 0201 0290 90
SWIFT-BIC: NOLADE21ROS

DATE AND SIGNATURE: _____

STAMP OF THE FEDERATION

President / Gen. Secretary

PLEASE RETURN THIS FORM BACK TO:
Internationaler Springertag Rostock e.V.
Am Trotzenburger Weg 15 - D – 18057 Rostock
FAX +49 (0) 381/ 808 369-11 OR EMAIL office@emrostock2015.com



ARENA EUROPEAN DIVING CHAMPIONSHIPS
09 – 14 JUNE 2015, ROSTOCK – GERMANY

TRAVEL FORM
(Return deadline May 22nd)

Please inform the Organizing Committee about your travel plan with this form!

THE FEDERATION OF: _____ code

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ARRIVAL:

CITY: _____

DATE: ____ / ____ / ____

TIME: ____ : ____

AIRLINE: _____ FLIGHT Nr: _____

TRAIN (to Railway Station "Hauptbahnhof" in Rostock): _____

OTHER: _____

DEPARTURE:

CITY: _____

DATE: ____ / ____ / ____

TIME: ____ : ____

AIRLINE: _____ FLIGHT Nr: _____

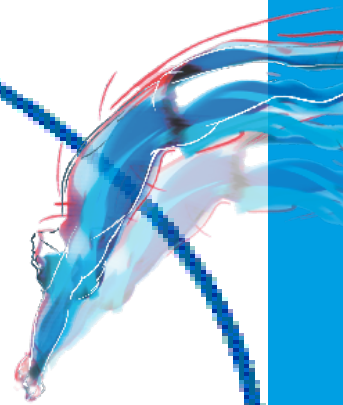
TRAIN (from Railway Station "Hauptbahnhof" in Rostock): _____

OTHER: _____

DATE AND SIGNATURE: _____
President / Gen. Secretary

STAMP OF THE FEDERATION

PLEASE RETURN THIS FORM BACK TO:
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WITH A COPY TO **LEN OFFICE** FAX +352 27 44 91 64 28 OR EMAIL lenoffice@len.eu



ARENA EUROPEAN DIVING CHAMPIONSHIPS
09 – 14 JUNE 2015, ROSTOCK – GERMANY

CONFIRMATION OF RETURN TRAVEL

Please complete and return the present form to the Diving Secretariat Office,
latest at the Team Leader Meeting.

DELEGATION	_____
DAY OF DEPARTURE	_____
AIRPORT/STATION	_____
FLIGHT/TRAIN	_____
TIME	_____
NUMBER OF PERSONS	_____
Signature for confirmation	_____
	THE HEAD OF DELEGATION

We will give you back this form with the following details regarding the pick up time at your hotel.

Please respect the timetable strictly.

PICK UP TIME _____

Please **be ready at least 30 minutes before** the indicated time!
Thank you very much for your cooperation.



ARENA EUROPEAN DIVING CHAMPIONSHIPS
09 – 14 JUNE 2015, ROSTOCK – GERMANY

ATHLETE FLASH BACK

FAMILY NAME	<input type="text"/>	DATE (today)	<input type="text"/>
CITY & DATE OF BIRTH	<input type="text"/>	NATIONALITY	<input type="text"/>
HOMETOWN	<input type="text"/>	MALE/FEMALE	<input type="text"/>

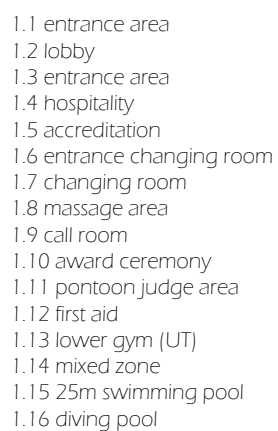
years of national team	<input type="text"/>	years in diving	<input type="text"/>
actual diving coach (name – nationality – years of training)	<input type="text"/>	first coach	<input type="text"/>
home diving club	<input type="text"/>	event preference (springb./platform)	<input type="text"/>
If you dive synchro, who is your partner?			
<input type="text"/>			
field of study / languages			
<input type="text"/>			
hobbies			
<input type="text"/>			
future plans / goals			
<input type="text"/>			

MOST IMPORTANT DIVING PERFORMANCES

COMPETITIONS	Year	Ranking	Event	City
Olympic Games				
World Championships				
Diving World Series				
World Cups				
World Junior Championships				
European Championships				
National Championships				
Others				

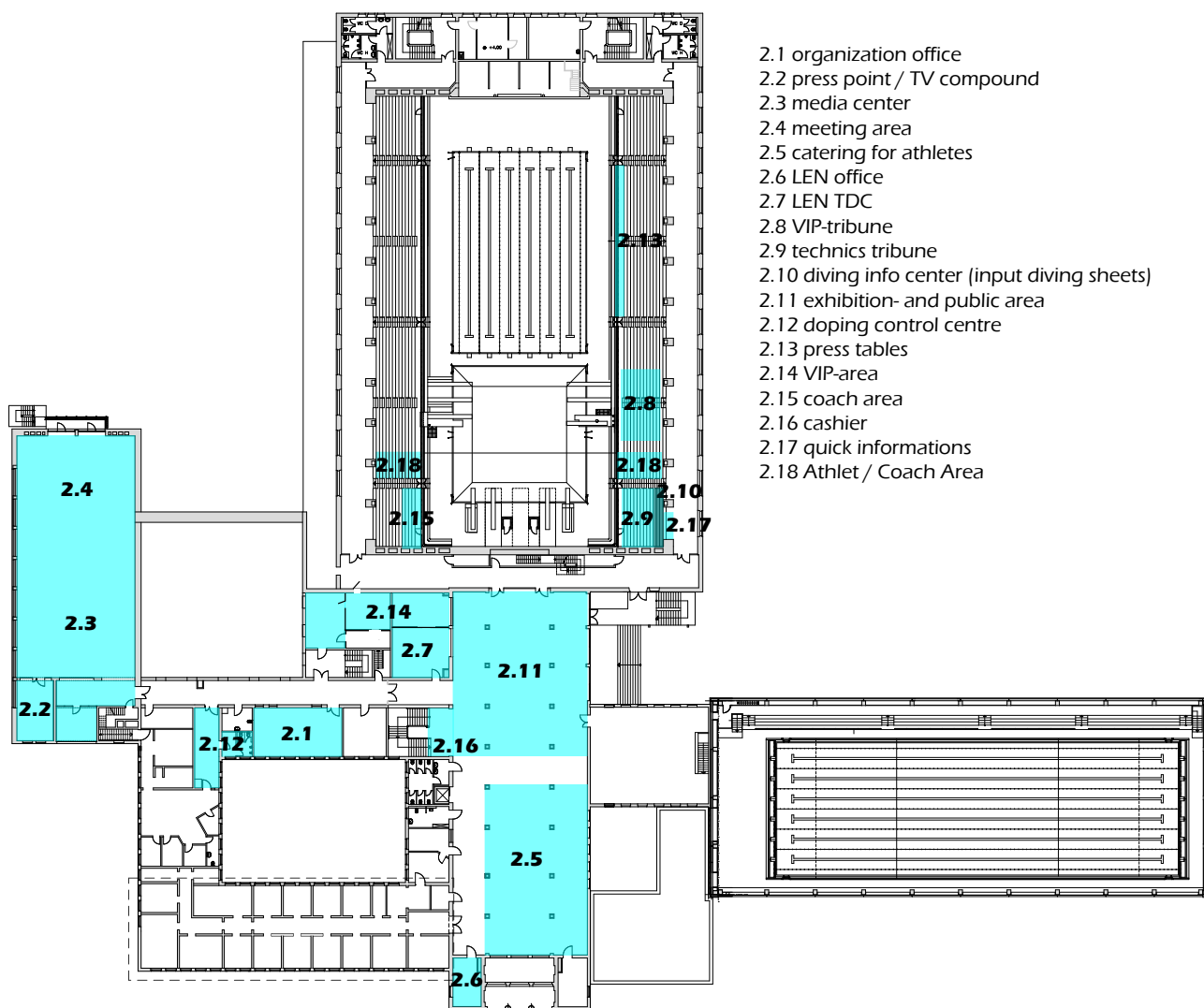
NAME

SIGNATURE





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LEN Official Suppliers



LEN Official Broadcasting Rights Partner



We are looking
forward
to exciting
competitions

2015

Arena European Diving Championships

09 - 14 June 2015



More
Information...



Rostock 2015