



The Club Natación Metropole has the pleasure to invite you to the XXVII Pepsi Diving Cup to be held in our Club on January the 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>, 2015

## CONTACT INFORMATION

### **Miguel Piedra**

Sport Secretary

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### **Quique Martínez**

Head Diving Coach

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## REGISTRATION DEADLINE

Entries must be received by 12:00 noon on Thursday 25<sup>th</sup> December 2014

## DIVERS REGISTRATION

All the diving sheets must be filled up electronically. To submit the diving sheets, please, visit:  
[www.diverecorder.co.uk/onlinesheets](http://www.diverecorder.co.uk/onlinesheets)

## EVENT CONDITIONS

(Fina rules for all events)

<b>Age Group Events</b>	<b>Senior Events</b>
<u>Group A</u> : 1m, 3m & platform <u>Group B</u> : 1m, 3m & platform Sincro 3m open A+B	1m, 3m, platform, sincro 3m

- The divers from A group could participate also in the senior events. But the divers from B group could only compete in their own age group event



### TECHNICAL MEETING

The technical meeting will take place at 10:00 on Thursday 8<sup>th</sup> January 2015 in the meeting room of the Club Natación Metropole

### AWARDS

- There will be medals for the best three divers in each event of every category
- There will be a trophy for the best scored dive of the competition in every category

### LODGING

The CN Metropole will take the hotel expenses – including breakfast– for 2 divers and 1 coach per team (club or country) for 3 nights

The organization will not provide meals. You could have lunch or dinner at the restaurant of the CN Metropole by 10 € each.

### HOTEL INFORMATION

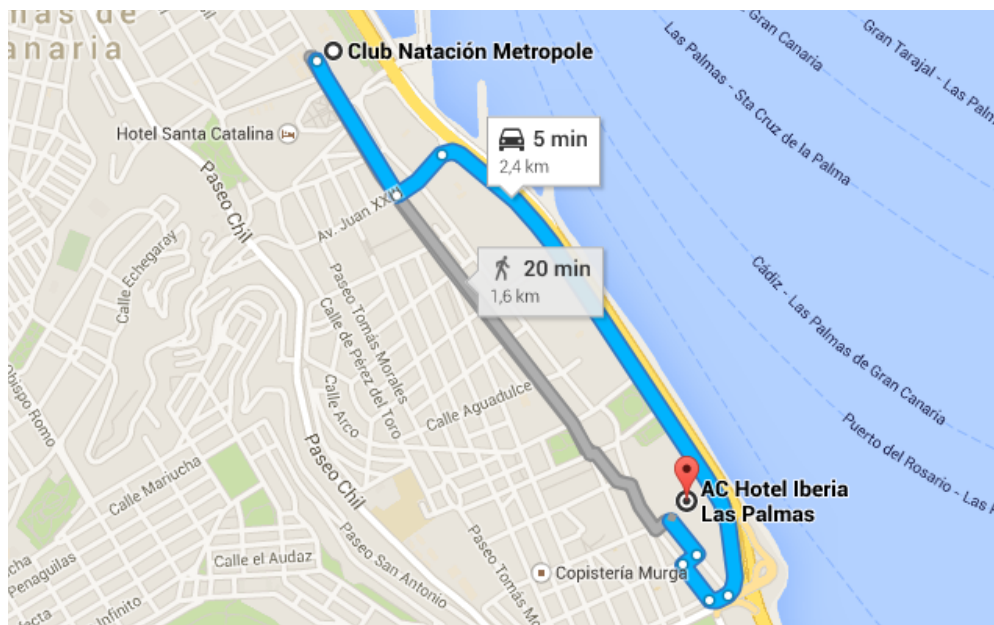
**Address** AC Hotel Iberia Las Palmas

Av del Alcalde José Ramírez Bethencourt, 8  
35003 Las Palmas de Gran Canaria, Las Palmas

**Phone** 928 36 11 33

**Web** <http://www.marriott.com/hotels/travel/lpaac-ac-hotel-iberia-las-palmas/>

**Room Prices:** 75,00 € double room individual use with breakfast  
80,00 € double room with breakfast





The hotel has a shuttle service airport-hotel-airport with the next schedule:

### SCHEDULE FROM MONDAY TO FRIDAY

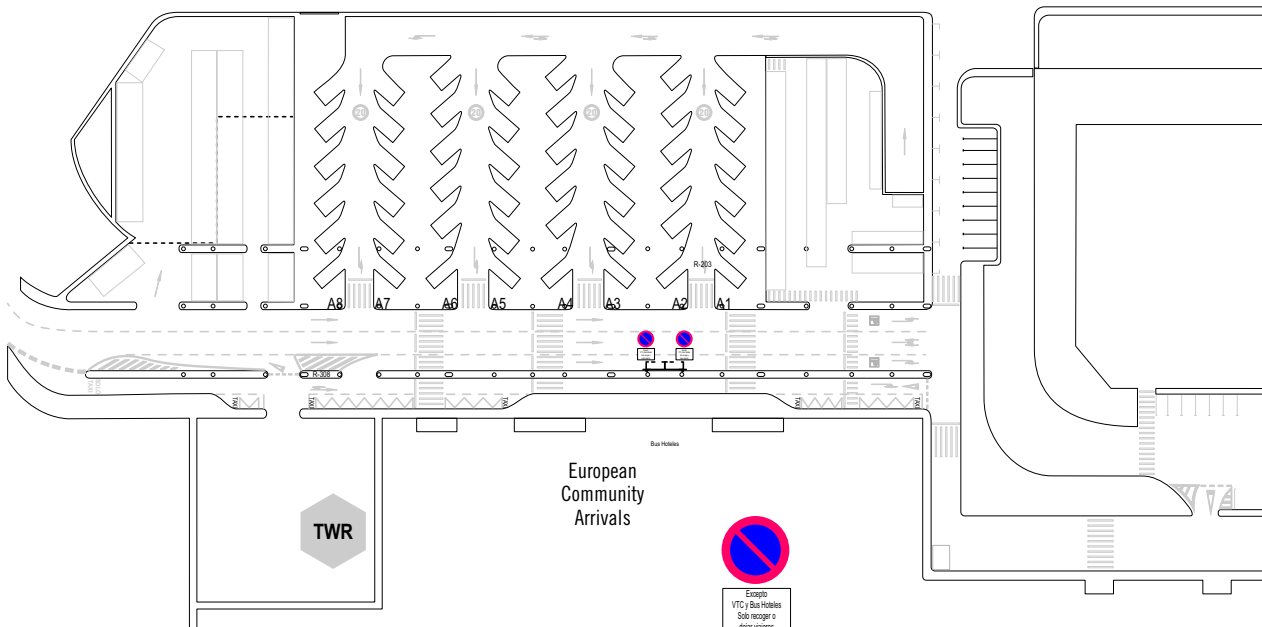
DEPARTURE AC GRAN CANARIA	DEPARTURE AC IBERIA	ARRIVAL AIRPORT	DEPARTURE AIRPORT
5:00	5:15	5:50	5:50
6:15	6:30	7:05	8:15
8:40	8:55	9:30	9:30
9:55	10:10	10:45	10:45
11:30	11:45	12:20	13:15
13:40	13:55	14:30	14:40
15:05	15:20	15:55	16:00
16:50	17:05	17:40	17:45
18:10	18:25	19:00	19:10
19:35	19:50	20:25	20:30
20:55	21:00	21:25	21:30

### SCHEDULE WEEKEND AND BANK HOLIDAY

DEPARTURE AC GRAN CANARIA	DEPARTURE AC IBERIA	ARRIVAL AIRPORT	DEPARTURE AIRPORT
05:00	05:15	05:50	10:15
08:00	08:15	08:50	14:40
11:00	11:15	11:50	19:10
17:00	17:15	17:50	23:00



# TRANSFER AC HOTELS BY MARRIOTT



Anyway, all this information is included in the hotel web page



## **HOTEL BOOKING**

The CN Metropole will make the booking procedure directly with the hotel once we should received the corresponding inscription of every team.

## **FACILITIES**

- The CN Metropole has a diving pool of 16 meter long, 14 meter wide and 5 meter deep
- The pool has two 1 m springboards, two 3m springboard and platforms from 5 and 10 meters.
- We have a small gym for dry land exercises that will be only for the divers during the competitions.
- We also have an Eurotramp trampoline for diving use exclusively.
- Despite the kindly temperature in Gran Canaria in December and January, the diving pool has 2 Jacuzzi for the divers: one in the 1m area and the other in the 3m platform.