



Landesschwimmverband Wien

Mitglied des ÖSTERREICHISCHEN SCHWIMMVERBANDES
<http://www.wlsv.at/> (ZVR: 908877428)



3 Nations Competition 2014

- Organizer:** Landesschwimmverband Wien
- Director of competition:** Grete Kugler
- Date and place:** 5th -7th December 2014, Graz/Austria
- Arrival/Departure:** Arrival: 5.12.2014
Departure: 7.12.2014
All participants will travel individually to Graz. We do not provide transport from the hotel to the pool and back.
- Pool:** Auster Sportbad Eggenberg
8020 Graz
Janzgasse 21
- Facilities (indoor):
2 springboard 3m
2 springboard 1m
1 platform 5m
- Accommodation:** JUFA Graz-City (Bed, Breakfast, Dinner)
Idlhofgasse 74, 8020 Graz
- Lunch in a restaurant near the pool
- Entry:** till 21st November 2014 e-mail: grete.kugler@me.com
- Dives:** till 2nd December 2014 e-mail: grete.kugler@me.com
- Presentation:** 5th December 2014, 18.00 h, Technical Meeting
- Disciplines:**
- | | |
|------------|------------------|
| 1m, 3m - E | 2005 and younger |
| 1m, 3m - D | 2003 - 2004 |
| 1m, 3m - C | 2001 - 2002 |



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Program:

Friday, 5 th December 2014			
16 :00 – 18.00	Training		
18.00	Technical meeting		
Saturday, 6 th December 2014		Sunday, 7 th December 2014	
9:00 – 10:00	Training	9:00 – 10:00	Training
10:00	Beginning of competition	10:00	Beginning of competition
1)	3m – E Boys + Girls	6)	1m – E Boys + Girls
2)	1m – D Girls	7)	3m – D Girls
3)	3m – C Boys	8)	1m – C Boys
15:30 – 16:30	Training	9)	3m – C Girls
16:30	Opening Ceremony	10)	1m – D Boys
4)	1m – C Girls		
5)	3m – D Boys		

Break between the competitions 15 minutes, Victory ceremony after each competition.

Note:

1. Category E - 1 Girls + 1 Boy per team
2. Category D - 2 Girls + 2 Boys per team
3. Category C - 2 Girls + 2 Boys per team

It is allowed to nominate in low dimensions more divers in all competitions, but noncompetitive. We have a limited time in the pool!



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Diving program:		
E	1m	171 a/b/c (1,1) + 271 a/b/c (1,2) + 5101 a (1,2) or 5201a (1,3) + 2 dives FINA different groups
E	3m	100 a/b/c (1,1) + 200 a/b/c (1,2) + 171 a/b/c (1,1) + 5101a (1,2) or 5201a (1,3)+ 1 dive FINA
D	1m + 3m	3 dives from 101, 201, 301, 401 + 5101a or 5201a or a dive from 5 group + 1 dive FINA
Boys C	1m + 3m	8 dives (5+3) FINA
Girls C	1m + 3m	7 dives (5+2) FINA

Teamscore

Place	Points
1	7 (4)
2	5 (2)
3	4 (1)
4	3
5	2
6	1

Referee: Grete Kugler

Judges: 5 judges per competition
Judges from participating countries

Awards: The winner, second and third place receive a medaille.
All 3 teams get a team-trophy.

Good luck to all participations!