

3 Countries Competition 2013

Organizer: Landesschwimmverband Wien

Director of competition: Grete Kugler

Date and place: 15th -17th November 2013, Graz/Austria

Arrival/Departure: Arrival: 15.11.2013

Departure: 17.11.2013

All participants will travel individually to Graz. We do not provide transport from the hotel to the pool and back.

Pool: Auster Sportbad Eggenberg

8020 Graz Janzgasse 21

Facilities (indoor): 2 springboard 3m 2 springboard 1m

1 platform 5m

Accommodation: JUFA Graz-City (Bed, Breakfast, Dinner)

Idlhofgasse 74, 8020 Graz

Lunch in a restaurant near the pool

Entry: till 1st November 2013 e-mail: <u>grete.kugler@me.com</u>

Dives: till 12th November 2013 e-mail: <u>grete.kugler@me.com</u>

Presentation: 15th November 2013, 18 h 00, Technical Meeting

Disciplines:

1m, 3m - E 2004 and younger

1m, 3m - D 2002 - 2003 1m, 3m - C 2000 - 2001



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Program:

Friday, 15 th November 2013				
16 :00 – 18.00	Training			
18.00 Technical meeting				
Saturday, 16 th November 2013		Sunday, 17 th November 2013		
9:00 – 10:00	Training	9:00 – 10:00	Training	
10:00	Beginning of competition	10:00	Beginning of competition	
1)	3m – E Boys + Girls	6)	1m – E Boys + Girls	
2)	1m – D Girls	7)	3m – D Girls	
3)	3m – C Boys	8)	1m – C Boys	
15:30 – 16:30	Training	9)	3m – C Girls	
16:30	Opening Ceremony	10)	1m – D Boys	
4)	1m – C Girls			
5)	3m – D Boys			

Break between the competitions 15 minutes, Victory ceremony after each competition.

Note:

- 1. Category E 1 Girls + 1 Boy per team
- 2. Category D 2 Girls + 2 Boys per team
- 3. Category C 2 Girls + 2 Boys per team

For the host it is allowed to nominate one more diver in all competitions, but noncompetive. That's why we are guests in Graz.



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Diving program:		
Е	1m	171 a/b/c (1,1) + 271 a/b/c (1,2) + 5101 a (1,2) or 5201a (1,3) + 2 dives FINA different groups
E	3m	100 a/b/c (1,1) + 200 a/b/c (1,2) + 171 a/b/c (1,1) + 5101a (1,2) or 5201a (1,3)+ 1 dive FINA
D	1 m ± ∢m	3 dives from 101, 201, 301, 401 + 5101a or 5201a or a dive from 5 group + 1 dive FINA
Boys C	1m + 3m	8 dives (5+3) FINA
Girls C	1m + 3m	7 dives (5+2) FINA

Teamscore

Place	Points
1	7 (4)
2	5 (2)
3	4 (1)
4	3
5	2
6	1

Referee: Grete Kugler

Judges: 5 judges per competition

Judges from participating countries

Awards: The winner, second and third place receive a medaille.

All 3 teams get a team-trophy.

Good luck to all participations!