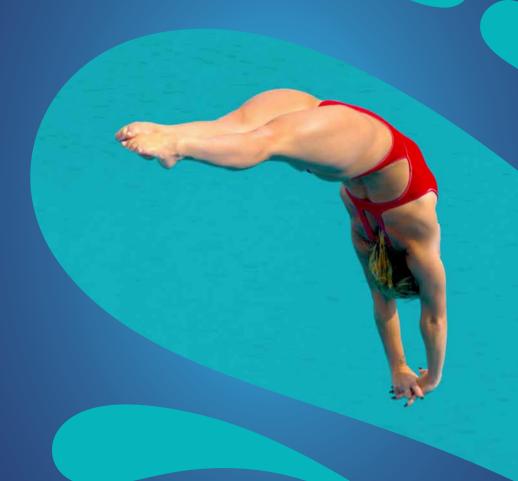


**European Junior Diving Championships**28<sup>th</sup> June - 3<sup>rd</sup> July 2016
Rijeka, Croatia

Bulletin n°1









Rijeka Sport's Association









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### INVITATION

The Croatian Diving Federation, with partners, kindly invites all LEN affiliated national federations to participate in the

### European Junior Diving Championship 2016 - Rijeka (CRO).

### **HOSTS**

The City of Rijeka

#### **ORGANIZERS**

Rijeka's Sports Association Croatian Diving Federation

### **CONTACT INFORMATION**

### **RIJEKA'S SPORTS ASSOCIATION**

Mrs. Orijana Pernjak-Grbac Verdieva 11/III, 51 000 Rijeka Gsm: +385 99 219 50 20 Phone: +385 51 445 700

Fax: +385 51 212 884

E-mail: rijekajunior2016@rss.hr; orijana@rss.hr

web: www.rijekajunior2016.eu

### **CROATIAN DIVING FEDERATION**

Mrs. Ana Kera

Haulikova 6, 10000 Zagreb Phone: +385 91 6535373 Mob: +385 91 250 7152 E-mail: skokovi@skokovi.hr

### The LEN DELEGATES

G.Fyrigou Consolo LEN TDC Chairman K.Dibiasi LEN TDC Secretary

I.Kelemen - v.d. Konijnenburg Member
Frans v.d. Konijnenburg Member
Grete Kugler Member

Andrey Vlaskov Bureau Liaison





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#### **VENUE**

### The Kantrida Swimming Pools

The Swimming Pools Kantrida, sports, leisure and entertainment complex were inaugurated in 2008 and completed in 2011. Apart from the swimming pools, the complex includes additional contents, which is why it is not only used for high-quality preparations and competitions by professional athletes but also for leisure and entertainment. It has been awarded with several international awards.

On the wet side, the facility boasts the Olympic Swimming Pool 1 (indoor swimming pool) with a unique retractable roof structure, the reconstructed Olympic Swimming Pool 2 (outdoor swimming pool), a 25m swimming pool, a children's swimming pool and a diving pool. The swimming pools are used by athletes of various age groups for professional training and by general public for leisure. They are well equipped to meet the highest standards in water sports. Beside the complex is a beach, which was officially opened to the public in the middle of June 2011.

On the dry side, there are fitness suites, wellness facilities, scuba diving center, cafés, and parking facilities, all offering a breath taking view of the Kvarner Bay and the islands. In earlier years the venue has hosted several international events like the European Short Course Swimming Championships, LEN Final Four Water polo, European junior Water polo championship, as well as many national and international Diving, Water polo, Swimming and diving championships and tournaments.

### **ADRESS**

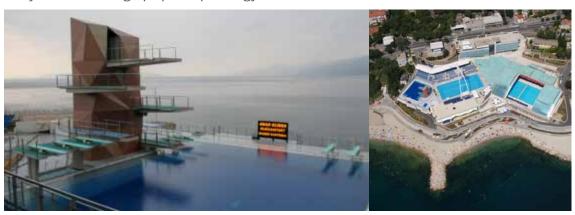
Rijeka, Podkoludricu 2,

Phone: + 385 51 666 600, Fax: +385 51 621 915. E-mail: bazeni-kantrida@rijekasport.hr

Web: www.rijekasport.hr/en/swimming-pools-kantrida

Facility Kantrida Diving Pool

- · 3m, 5m, 7.5m, 10m platforms
- · 3x3 m boards
- · 2+2 x 1 m boards
- · dry land: warming up space, power gym, air track & more







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### TEAM LEADERS MEETING, JUDGES MEETING, JUDGES CLINIC

The Team Leaders Meeting will take place on June 27th, at Kantrida pool, at 09:30 followed by Judges Meeting.

A Judges Clinic for all judges participating in the competition will take place immediately after the Judges Meeting.

Title: "Analysis of the Jump Event" and the lecturers are: G.Fyrigou Consolo

K.Dibiasi

F. v.d. Konijnenburg

### **SCHEDULE**

	9:30			16:00	17:00	18:00	
27 <sup>th</sup> June	Tehnical Meeting		ing & Judges nic			Opening Ceremony	
28 <sup>th</sup>	B 1m Boys	20'	B 3m Girls	B 1m Boys	B 3m Girls	JUMP	Award
June	Preliminary	interval	Preliminary	FINAL	FINAL	EVENT	Ceremonies
29 <sup>th</sup>	A 1m Boys	20'	A Plat Girls	A 1m Boys	A Plat Girls	Award	
June	Preliminary	interval	Preliminary	FINAL	FINAL	Ceremonies	
30 <sup>th</sup>	B 1m Girls	20'	B Plat Boys	B 1m Girls	B Plat Boys	A/B Girls Sy	Award
June	Preliminary	interval	Preliminary	FINAL	FINAL	3m FINAL	Ceremonies
1 <sup>st</sup>	A 1m Girls	20'	A 3m Boys	A 1m Girls	A 3m Boys	Award	
July	Preliminary	interval	Preliminary	FINAL	FINAL	Ceremonies	
2 <sup>nd</sup>	B 3m Boys	20'	B Plat Girls	B 3m Boys	B Plat Girls	A/B Boys Sy	Award
July	Preliminary	interval	Preliminary	FINAL	FINAL	3m FINAL	Ceremonies
3 <sup>rd</sup>	A 3m Girls	20'	A Plat Boys	A 3m Girls	A Plat Boys	Award	
July	Preliminary	interval	Preliminary	FINAL	FINAL	Ceremonies	

### **COMPETITION FORMAT**

There will be a boys B category (2002-2001) and a boys A category (2000-1999-1998). The events are for girls and boys:

INDIVIDUAL DIVING	SYNCHRONIZED DIVING	JUMP EVENT
Category A - Boys & Girls	Category A/B combined - Boys & Girls	Category A/B combined
- 1m Springboard - 3m Springboard - Platform 5m, 7.5m, 10m	- 3m Springboard Synchro	- Mixed Team event
Category B		
- 1m Springboard - 3m Springboard - Platform 5m, 7.5m, 10m		





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#### FORMAT FOR THE DIVING EVENTS

**Individual diving events** on 1m, 3m and Platform will be held in two sessions with Preliminaries and Finals with twelve (12) divers. The starting order of the divers in the Final will be according to the reverse order of their placing as determined by their total scores at the end of the Preliminaries.

In the Finals, the top twelve (12) divers from the previous session will participate in a final competition performing only dives without limit. The scores of the dives with limit from the previous session will be carried forward and added to the scores in the final competition to determine the top twelve (12) rankings.

Divers lower than twelfth place will be ranked by their preliminary scores.

- The **synchronized diving events** shall be held in Finals only.
- The **Jump Event** is a mixed team event where up to 4 divers by team may be used to complete the 5 dive series from different heights. One (1) team per Nation is allowed in this direct final.

### Jump Rules and Regulations (Junior Mix Performance Event)

IIIIAD EVENT	The team is composed by 2 to 4 max divers but from both genders						
JUMP EVENT	Performance up to 4 divers by Gender and Category						
Hight	Number of Dives	Gender	Type of Dive	Group	DD		
1m Synchro	1	Mix (1Boy + 1 Girl)	Synchro	Twist	FREE		
1m	1	Boy or Girl	Individual	FREE Selection	FREE		
3m Synchro	1	Mix (1Boy + 1 Girl)	Synchro	Backward or Reverse	FREE		
3m	1	Boy or Girl	Individual	FREE Selection	FREE		
Platform (5,7.5,10)	1	Boy or Girl	Individual	FREE Selection	FREE		
Total Dives	5						

In a total of 5 dives minimum 4 groups must be used!

### TRAINING

Training time in the competition pool June 26<sup>th</sup> and 27<sup>th</sup> will be allocated per federation in blocks based on the number of entries.





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### **ACCREDITATION AND ENTRY**

Federations entering the European Junior Diving Championships will receive accreditation free of charge for:

- a) the President of the Federation;
- b) the Head of Delegation;
- c) the Competitors entered;
- d) one medical person; a second medical person in case more than fifteen competitors have been entered.
- e) team staff members:
  - 5 for up to 5 competitors;
  - 6 for up to 8 competitors;
  - 7 for more than 8 competitors.

However the number of team staff members may not exceed the number of competitors.

Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc. (not officials such as judges, referees, etc.).

### **OFFICIALS**

- **J-D 7.1** Acting Judges are not allowed to act as coaches throughout the actual Championships. Judges who do not respect this Regulation shall be excluded from the Championships.
- **J-D 7.2** The TDC shall appoint the Technical Delegate, the Referee, the judges panel(s) and the other officials for each event.
- **J-D 7.3** Federations may nominate one (1) or two (2) judges qualified on the current A-and/or B-Lists of LEN.
  - LEN G-Judges may be entered and may be used in case the number of entered A- and B-Judges is too low.
- **J-D 7.4** Federations entering four (4) divers or more are obliged to nominate at least one (1) judge qualified on the current A and/or B Lists of LEN.
  - A Federation not providing a judge in the category prescribed shall pay a fine of one thousand (1,000) EURO to LEN.
  - A Federation not able to nominate a judge in the category prescribed shall be financially responsible for one (1) judge to be nominated by the TDC.
- **J-D 7.5** Nominations shall be submitted to the LEN Office no later than the date circulated by the LEN Office.
- **J-D 7.6** Officials approved by the TDC are on the costs of the nominating Federation.
- **J-D 7.7** The Organizing Federation shall supply all other officials.
- **J-D 7.8** Acting judges may be evaluated.





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### **KEY DATES**

There are four important deadline dates in order to provide information to the OC and in order to participate in the Championships:

· March 28th 2016.

Preliminary Entry form for teams and officials is to be submitted to LEN and OC, Preliminary Booking for accommodation advance payment (first payment part 30%)

· May 6<sup>th</sup>, 2016,

accommodation in advance payment (second payment part 30%)

· June 6th 2016,

Final Entry form, is to be submitted to LEN and OC, accommodation payment (final, payment part 40%), completed travel form is to be submitted to the OC

· June 13th 2016,

Final name entries for athletes by event and category and for Judges to be submitted to OC with copy to LEN Office

### **VISA APPLICATION**

Participants from countries needing an entry visa to Croatia are requested to contact the OC for an official invitation letter. In order to avoid problems of administrative nature when requesting a visa, please contact the Croatian Embassy or Consular Authorities within your country in due time prior to your planned arrival to Croatia

### **ACCOMMODATION**

We will provide several options for the accommodation of divers, officials and other participants in Rijeka or Opatija. Different types of rooms and hotels will be available in accordance to participants needs.

All those Federations booking their accommodation through the Local Official travel agency can benefit from the whole competition package (accommodation in F/B basis, local transportation, airport, hoteland swimming pool)



Autotrans d.o.o. - A travel - official travel agency

Adress: Riva 22, 51 000 Rijeka, Croatia

Mrs. Vedrana Šuša

Phone: + 385 51 212 224, + 385 51 212 228 . Fax: + 385 51 337 209

E-mail: ejdc@autotrans.hr . Web: www.atravel.hr

Beneficiary: Autotrans d.o.o.

Bank name: ERSTE & STEIERMAERKISCHE BANK D.D. Bank address: Žabica 1., 51000 Rijeka, Croatia

Account No. 2500-3330443

Reason of transfer: European Junior Diving Championships IBAN: HR76 2402 0061 5000 11413 . SWIFT: ESBCHR22

Payment reference number: 182-488-15





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### **HOTELS**

### 1. HOTEL GROUP ADRIATIC

### Hotel Adriatic\*\*\*\* - Prices: FB 1/2 = 110 € . FB 1/1 = 120 €

Grand Hotel Adriatic in Opatija is a comfortable hotel located only few minutes of pleasant walk from the centre of Opatija. Hotel is located in the vicinity of the sea, with a beautiful view on Kvarner bay. Under one roof You may find everything what You need: comfortable accommodation in superior and standard rooms, relax and entertainment in attractive wellness centre or casino and exquisite gastronomy.



Hotel Adriatic\*\*\* - Prices: FB 1/2 = 100 € . FB 1/1 = 110 €



### 2. HOTEL GROUP JADRAN

### Hotel Jadran\*\*\*\* - Prices: FB 1/1 = 80 € . FB 1/1 = 85 €

Hotel Jadran in the centre of Rijeka: experience the unique blend of the ancient Mediterranean but with all facilities for modern tourists. Ideal choice for vacation, business meetings, banquets. In a pleasant atmosphere, hotel's restaurant offers specialties of both, international and Mediterranean cuisine. Relax in the cafe and aperitif bar with a terrace overlooking the sea!







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### Hotel Neboder\*\*\* - Prices: FB 1/2 = 75 € . FB 1/1 = 95 €

Hotel Neboder offers a unique panoramic view over the city and the Kvarner bay as well as accommodation in modern and comfortable rooms. Hotel is located on a small elevation on the east side of the Rijeka centre and it is visible from almost any spot in the centre.



### Hotel Continental\*\*\* - Prices: FB 1/2 = 75 € . FB 1/1 = 95 €

Historical hotel Continental in the centre of city of Rijeka is the ideal choice if you have business commitments in the city or you want a relaxed look around the old town. Restaurant at hotel Continental with beautiful terrace in the shadow of centuries-old chestnuts offers tastes of Mediterranean and continental cuisine combined.



### 3. HOTEL GROUP LIBURNIJA

### Remisens Premium Villa Ambasador \*\*\*\* - Prices: FB 1/2 = 110 € . FB 1/1 = 120 €

Remisens Premium Villa Ambasador (4\*) Opatija combines a romantic atmosphere and exclusive service for a supreme getaway along the Adriatic Coast in Croatia. Connected to Remisens Premium Hotel Ambasador, guests of the villa can enjoy all the service and amenities the five-star hotel has to offer, including the Five Elements Wellness & Spa, congress halls and some of the best dining in Opatija. The rooms and suites of the historic, premium villa in Opatija are designed to give off a romantic ambiance, and that is especially true of the new garden suites on the ground floor. Each suite has a private terrace, whirlpool and lush garden. The adjacent hotel has some of the finest dining in Opatija, perfect for quiet, private meals with that special someone. Delicious





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food, top-quality wine and visions of the calm sea make for an unforgettable evening.



### Remisens Hotel Palace Bellevue \*\*\*\* - Prices: FB 1/2 = 110 € . FB 1/1 = 120 €

Exuding style, Remisens Hotel Palace Bellevue (4\*) Opatija is a historic property located in the centre of Opatija. The hotel is an elegant structure, boasting classy interior, high ceilings and unrivalled Adriatic Sea views in its 196 rooms and suites. Visually stunning, the hotel rises above and stands out along Opatija's main street, creating a skyline worthy of landmark status in the city. As of 2016, the Remisens Hotel Palace Bellevue will become a flagship of the Remisens brand on the Opatija Riviera. New investments include refurbishing hotel rooms and common areas in line with the hotel's elegant neobaroque style, the opening of a new wellness centre, and expanding and improving the quality of all services. Despite its old charm, Remisens Hotel Palace Bellevue Opatija offers contemporary facilities – such as the indoor swimming pool with heated sea water – for a perfect blend of past and present. Popular for its entertainment venue, the hotel has a dancing terrace. Add in the fact it is just steps from Slatina, the most centrally-located beach in the city, and the Remisens Hotel Palace Bellevue in Opatija occupies a position that is nearly impossible to beat.



### Remisens Hotel Admiral \*\*\*\* - Prices: FB 1/2 = 110 $\ensuremath{\mathfrak{E}}$ . FB 1/1 = 120 $\ensuremath{\mathfrak{E}}$

Located just a short walk from the city centre, Remisens Hotel Admiral (4\*) Opatija is situated right on the Adriatic Sea and Lungomare coastal promenade. Overlooking the marina in Opatija, Remisens Hotel Admiral is a four star hotel providing ideal accommodation for the sailing enthusiast. Remisens Hotel Admiral's exterior architecture has a sleek, modern look while the interior is bright and spacious. The hotel amenities





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are excellent. Spend a day at the outdoor pool with sunbathing area raised above the sea and take in some marvellous views. The SPA zone includes an indoor swimming pool, whirlpools, saunas and a fitness centre. Sample regional dishes and wine at the a la carte restaurant's summer terrace.



### Remisens Hotel Kristal \*\*\*\* - Prices: FB 1/2 = 110 € . FB 1/1 = 120 €

Remisens Hotel Kristal (4\*) Opatija is a sea lover's dream come true. Built on the banks of the Adriatic and along the Lungomare coastal promenade, the sights, scents and sounds of the crystal clear water are inescapable. The spectacular views of the Adriatic are everywhere. From the seafront rooms to the restaurant's terrace to the private beach, the beauty of the Mediterranean is never far away. Over half of Kristal's 130 rooms boast views of Kvarner Bay and its islands, an inspiring scene to wake up to each morning. In addition to providing first-class services and facilities, the Remisens Hotel Kristal will delight you with its quiet and laid-back atmosphere. The hotel has a large private beach equipped with new sun loungers, umbrellas and a whirlpool – the perfect place to relax and enjoy the sun. Other features such as the SPA zone and indoor pool with heated seawater push the four-star accommodation to another level of splendour.



### Smart Selection hotel Imperial \*\*\* - Prices: FB 1/2 = 76 € . FB 1/1 = 90 €

Smart Selection Hotel Imperial (3\*) Opatija embodies the city's early days as a tourist destination. Built in 1885, this historic Croatian property was originally named after Stephanie, a Belgian princess by birth who later became Crown Princess of Austria. As





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the second hotel built on the Adriatic Sea, the Imperial is constructed in Art Nouveau architectural style of the Secession period. Its beauty has stood the test of time. Today, the hotel boasts 127 rooms adorned with high ceilings and antique furniture. Complete with conference and banquet rooms like the visually-stunning Golden Hall. Plan your day on the terrace of the Vienna-styled Café Imperial as you enjoy delectable homemade cakes and coffee. The historic hotel Imperial Opatija is located on the main street and is a quick walk to Slatina, the city's most central beach.



### Smart Selection Hotel Istra \*\*\* - Prices: FB 1/2 = 76 € . FB 1/1 = 90 €

Smart Selection Hotel Istra (3\*) Opatija provides seafront hotel accommodation along the Adriatic. A short walk down Opatija's main street will put you in the middle of the city centre. he hotel's location is ideal for the traveller who enjoys being close to the hustle and bustle of the city, but also likes the calm and privacy of a beach vacation. The private beach and indoor swimming pool with heated seawater belonging to this hotel in Opatija are major draws for the economy accommodation, which has 130 rooms. The balconies in Istra's superior rooms provide unmatched views of the sea, exactly what you would expect from a hotel built so close to the water. The beachside bistro and outdoor terrace supply perfect spots for casual dining or a place to get a cold drink. Local, fresh seafood and an extensive wine list highlight the menu. Again, the wondrous sights of the sea add a level of radiance to the experience.







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### 3. HOTEL GROUP MILENIJ

### Grand Hotel 4 opatijska cvijeta\*\*\*\* - Prices: FB 1/2 = 110 € . FB 1/1 = 130 €

The Grand Hotel 4 opatijska cvijeta is located in the very centre of Opatija, just on the coast line above the famous promenade "Lungomare" and includes four magnificent villas. The hotel has 227 luxuriously arranged rooms and suites. The Camellia restaurant of the Grand Hotel 4 opatijska cvijeta offers its guests traditional Croatian dishes prepared with fresh local ingredients. This is the only hotel in Croatia that meets the special 'Croatian autochthone cuisine' standard, which is a guarantee that exclusively Croatian dishes are served here.



### Hotel Agava\*\*\*\* - Prices: FB 1/2 = 110 € . FB 1/1 = 130 €

Hotel Agava is situated in a wonderful old villa in the centre of Opatija near Angiolina Park with a magnificent view of Kvarner Bay. The former Villa Habsburg was built in 1896 and after a complete renovation in 2006 it was turned into a hotel. All 76 rooms were modernized but we kept and respected historical authenticity by maintaining the internal characteristics of charm and personality. The hotel is surrounded by beautiful manicured gardens full of carefully chosen plants, citrus trees and typical flowers of the area. Rooms are simple but stylishly decorated, with air-conditioning and TV.







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#### To reassume:

Hotel	Double room	Single room	City
Hotel Group Adriatic			
Hotel Adriatic ****	110€	120€	Opatija
Hotel Adriatic ***	100€	110€	Opatija
Hotel Group Jadran			
Hotel Jadran ****	80€	85€	Rijeka
Hotel Neboder ***	75€	95€	Rijeka
Hotel Continental ***	75€	85€	Rijeka
Hotel Group Liburnija			
Remisens Premium Villa Ambasador ****	110€	120€	Opatija
Remisens Hotel Palace Bellevue ****	110€	120€	Opatija
Remisens Hotel Admiral ****	110€	120€	Opatija
Remisens Hotel Kristal ****	110€	120€	Opatija
Smart Selection Hotel Imperial ***	76€	90€	Opatija
Smart Selection Hotel Istra ***	76€	90€	Opatija
Hotel Group Milenij			
Grand Hotel 4 opatijska cvijeta****	110€	130€	Opatija
Hotel Agava***	110€	130€	Opatija

Distance from hotels in Opatija to the pool is about 15 min by bus. Distance from hotels in Rijeka to the pool is about 10 min by bus.

### **AIRPORT TRANSFERS**

The OC shall organize transfers for all participants using official organizer agency and accommodation. Transfers will be organized from and to official airports. The Transfer Request Forms will be published on the official web site and completed forms shall be sent in due time as stated in the form.

**www.zagreb-airport.hr** - information on the Zagreb airport **www.aeroporto.fvg.it** - information on the Trieste airport

### **LOCAL TRANSFERS**

Local transfers will be organized for all accredited participants using official organizer agency and accommodation. The transfer will connect the venue and hotels. The transfers will be scheduled in accordance with official training and competition schedules.





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#### DOPING CONTROL

During the Championship the doping control may be conducted. Any competitor participating Championship may be required to be tested for doping control.

### **NATIONAL ANTHEMS**

The Organizing Committee requests that all Federations check their National anthems and flags at the team leader's meeting.

### **PASSPORT CHECK**

The passport check will be at the accreditation desk.

#### **OPENING CEREMONY**

The Opening Ceremony will be short and will take place on June 27<sup>th</sup> at 18:30. Each team shall participate with one diver dressed with the official uniform

### **VICTORY CEREMONIES / AWARDS**

The Victory Ceremonies will take place each day after the end of the events. Medals will be awarded to the competitors placed first, second and third in each event. Diplomas will be awarded to the competitors placed 1st to 8th.

### **CONFIRMATION OF THE RETURN TRAVEL**

Each Team Manager shall confirm the departure time latest at the Team Leader Meeting, by returning the Form which will be provided, so that the transport to the airport can be arranged.

### **INSURANCE**

The Insurance of the participants is the responsibility of the respective federations.