



Bergen Diving Club
takes great pleasure in inviting you to

The 15th

BERGEN OPEN

The Norwegian Diving Adventure

7th – 10th of April
2016

Bergen, Norway

www.bergenopen.com

INVITATION

The 15th **Bergen Open Diving Competition** will be held on Thursday 7th to Sunday 10th of April 2016. Bergen Diving Club will host the competition which consists of Age-group and Senior diving events. Warm up will begin on Wednesday the 6th of April for all divers. The competitions will begin on Thursday the 7th of April, and end on Sunday the 10th of April. We hope to hear from all interested diving clubs soon.

Place:

AdO arena

Address: Lungegårdskaien 40
5015 BERGEN

Competition will consist of:

1. All FINA's Age-groups (A,B,C) (1-meter, 3-meter, platform and synchro 3m).
2. Open Group (1-meter, 3-meter and 10-meter).
3. Synchronized events (open and mix) on 3-meter and 10-meter.

Technical Meeting:

There will be a technical meeting on Wednesday the 6th of April at 20:00 – 21:00.

Questions or additional information:

All questions must be forwarded to Paul Joachim Thorsen at the following e-mail address:

pjoachim@online.no.

For faster and more accurate response you may call 0047 932 99 995

There will also be a special information-page on the Bergen Diving Clubs homepage concerning Bergen Open 2016: <http://www.bergenopen.com>

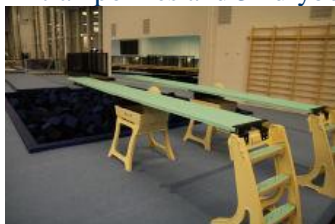
AdO arena, Bergen

The facilities at the pool:

AdO arena has 4x1 meter and 4x3 meter springboards, and full Olympic standard platforms (1-10m).



AdO arena also has a dry-land area with mats, 2x trampolines and 3x dryboards.



Program

Wednesday 6th:

Training: 06:00 - 21:00
Technical meeting: 20:00 - 21:00

Thursday 7th:

Training: 06:00 - 10:00
Competitions: 10:00 - 21:00

Friday 8th:

Training: 06:00 - 09:00
Competitions: 09:00 - 21:00

Saturday 9th:

Training: 07:00 - 10:00
Competitions: 10:00 - 18:00
Banquet dinner: 19:30 -

Sunday 10th:

Training: 07:00 - 10:00
Competitions: 09:30 - 17:00

There may be some changes in the program.

Events and Series

Senior group (FINA's rules D 3)

Women: All heights - Five (5) dives from different groups, without limit of degree of difficulty.

Men: 1m and 3m – Six (6) dives from 5 different groups, without limit of degree of difficulty.

Platform – Six (6) dives from 6 different groups, without limit of degree of difficulty.

A-group: Born 1998 or later:

1m and 3m: FINA's A-series DAG 3.1
(Girls 5+4 dives & Boys 5+5 dives)

Platform: FINA's A-series DAG 3.1
(Girls 4+4 dives & Boys 4+5 dives)

B-group: Born 2001 or later:

1m and 3m: FINA's B-series DAG 3.2
(Girls 5+3 dives & Boys 5+4 dives)

Platform: FINA's B-series DAG 3.2
(Girls 4+3 dives & Boys 4+4 dives)

C-group: Born 2003

1m and 3m: FINA's C-series DAG 3.3
(Girls 5+2 dives & Boys 5+3 dives)

Platform: FINA's C-series DAG 3.3
(Girls 4+2 dives & Boys 4+3 dives)

Synchronized event: Open competition

FINA's Synchronized Diving Rules D 3.7

Men 3m: 2+4 dives

Women 3m: 2+3 dives

Men 10m: 2+4 dives

Women 10m: 2+4 dives

FINA's Mixed Synchronized Rules D 3.9

Mixed 3m: 2+3 dives

Mixed 10m: 2+3 dives

Synchronized event: Junior competition

FINA's Synchronized Diving Rules DAG 3.1 (we allow AG-C divers in this event)

Boys 3m: 2+3 dives

Girls 3m: 2+3 dives

Accommodation form and Preliminary entry

Please send in the accommodation form and preliminary entry form no later than Monday the 14th of February 2016.

You can do this online at:

<http://goo.gl/forms/TqyVciFVs2>

Final Entry

Please send in the entry form no later than Friday the 6th of March 2016.

Please send entry form to

e-mail: pj@bergen-stupeklubb.no

Entry Fee

The entry fee is 150 NOK (about €17) per start for the individual events, and 200 NOK (about €22) per pair for the synchronized event.

Late entries: Entries arriving after March 13^h will be charged 300 NOK (about €33) per start for the individual events, and 400 NOK (about €44) per pair for the synchronized event.

All clubs have to pay the entry- before April 1st. Participating clubs will receive an invoice after sending entry-form.

All payment is in Norwegian currency!

Diving Sheets:

Bergen Open will run the DiveRecorder program. You will be able to enter the divesheets online via:

<http://www.diverecorder.co.uk>

All sheets will be posted on the results-wall, the day before the event, and changes can be made up to one hour before the event starts.

Accommodation

Booking must be done before the 14th of February 2016:

Scandic, Ørnen

500m from AdO arena

(<http://www.scandichotels.no/Hotels/Norge/Bergen/Ornen/>)



The cost of accommodation and full board is as follows. (The price pr person pr day):

Single room: 1390,- NOK (about €150)
Double room: 995,- NOK (about €110)
Triple room*: 895,- NOK (about €95)
Quadruple room*: 850,- NOK (about €90)

**Limited availability*

To take advantage of these favourable prizes, please book directly to the Bergen Open Secretary by filling out the Accommodation-form and return it before February the 14th.

All payment is in Norwegian currency!

Grand Terminus

800m from AdO arena

(<http://www.grandterminus.no/>)



The cost of accommodation and full board is as follows. (The price pr person pr day):

Single room: 1150,- NOK (about €125)
Double room: 890,- NOK (about €95)
Triple room*: 790,- NOK (about €85)

**Limited availability*

To take advantage of these favourable prizes, please book directly to the Bergen Open Secretary by filling out the Accommodation-form and return it before February the 14th.

All payment is in Norwegian currency!

Food

Full board from Wednesday to Sunday is as follows:

This includes:

Breakfast (Thursday-Sunday) will be served at the Hotel.

Lunch (Thursday-Sunday) will be served at AdO arena.

Dinner (Wednesday-Friday) will be served in AdO arena.

(Dinner on Sunday can arranged upon request)

Coaches evening:

On Friday we have a special evening planned, for all the coaches, judges and leaders.

Banquet dinner:

On Saturday evening there will be a banquet dinner held in AdO arena. Here there will be entertainment and a good chance for the competitors to get to know each other better.

Special food:

If there is need for special food due to allergy or for any other reason, please let us know, and specify it in the entry form.

The City of Bergen

Founded in 1070 by King Olav Kyrre, Bergen is an international town with small-town charm and atmosphere. The inhabitants love to show off their beautiful city. They are proud of Bergen's shipping, trading and cultural traditions. The city with its 235,000 inhabitants is like a spectacular amphitheatre clambering up the mountainsides, overlooking the sea, embracing you. You can roam through living history in this modern city, the gateway to the wildest and loveliest fjords of Norway. Tradition, initiative and drive have made Bergen one of Norway's most vigorous cultural cities. It is not merely by chance that Norway's biggest cultural event, the Bergen International Festival, is held here each year, or that the town was chosen to be one of the European Cities of Culture in the year 2000. The old parts of town are living history, and the museums and galleries keep both art and the ancestral heritage alive. The Hanseatic wharf Bryggen, the Fish Market, the composer Edvard Grieg's home at Troidhaugen, Rasmus Meyer's art collection, the Aquarium and Old Bergen are just a few of the many attractions worth visiting.



**ACCOMODATION FORM AND PRELIMINARY ENTRY
BERGEN OPEN 2016**

Please return February the 14th or earlier

Country/Club:

Contact person:

Address:

Telephone: Fax:

E-mail:

Web-address:

Approximately number of divers:

Approximately number of officials:

Accommodation:

Select hotel: Scandic, Ørnen: Grand Terminus:

Number of rooms:
Single rooms: Double rooms: Triple rooms:

Signature:

**FINAL ENTRY FORM
BERGEN OPEN 2016**

Please return March the 6th or earlier

Country/Club:

Contact person:

Address:

Telephone: Fax:

E-mail:

Web-address:

Arrival date: Time:

Departure date: Time:

Divers	Name	Born	Sex	Group	1m	3m	Pl.f	Sync	Sync	Mix	Mix
		(Year)	(M/F)					3m	Pl	3m	Pl.f
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											

Other	Name	Sex (M/F)	Leader	Coach	Judge
1					
2					
3					
4					

Food and Banquet:

Number of persons that will have full board:
(Including Coaches evening and Banquet)

Special food:

Signature: